

Feel free to bring a guest.

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We do hope you have weathered all this extreme weather safely and without too much damage.

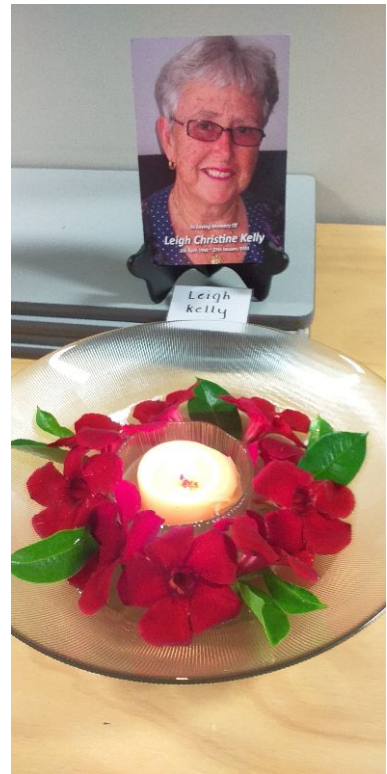
Last months speaker, Jacynthia Murphy, was well received and also raised questions for some of us around topics such as **cogovernance, the place of the Treaty of Waitangi in our present day**. Our NZ History group, convened by Tony Silvester-Clark is tackling these topics so do approach Tony if you are interested in joining this inquiry.

It was pleasing to be able to pass on to **Good Food \$15.00** donated at our last monthly meeting. Its sobering to know that this week food bags went out from Good Food to 120 households in our district. Each dollar donated buys the equivalent of about \$2.00 worth of food bought from the supermarket.

We are delighted to confirm that we have filled our bus for **our Goat Island Marine Discovery Centre** trip. Details below. Grateful thanks to Pam and Linda, our Kaukapakapa members for making this happen for us.

You may have noticed that our monthly meetings we have almost **outgrown our venue** We are in the process of finding another space that we can continue to expand into.

Almoner Role: Please advise **Sara Newsome**, our almoner, of any of our membership who may be very unwell or coping with a bereavement.



At our February meeting we acknowledged, with such sadness, the death of our greatly valued member Leigh Kelly. She died on January 27th as a result of a car crash close to home and through no fault of her own. Many of us attended her funeral and learned about the big and rich life she had lived. For us, she made a huge contribution to the revival of U3A in Helensville and will continue to be greatly missed.

A card was signed at the February meeting and will be available for signing at the March meeting before being sent to Leigh's daughter Jo.. **We are in conversation with Jo about how we can tangibly contribute to some kind of memorial for Leigh. Please bring to our meeting next Tuesday any contribution you wish to make towards a memorial for Leigh.**



Covid is certainly still active in our area so we do hope you will feel comfortable wearing a mask at our meetings, if you wish. We will continue to have our cuppa outside if weather permits.



NEXT MEETING: March 7th 10.00 -12.00

WHERE : St Johns Meeting Room, Rata St

MAIN SPEAKER: Cindy Sullivan

Principal Kaiapara College

Understanding the youth of today and Cindy's vision for Kaipara College.

MINI SPEAKER: Jan McMurdo



**Goat Island Marine Discovery Centre
Friday March 10th 2023**

This event is now full. Details below if you are still to complete payment.

9.00: Board a big bus at Helensville Museum, further pick up in Kaukapakapa::

10.30: Morning Tea at Goat Island Discovery Centre

Followed by

- An interactive talk – Marine Science at the University of Auckland; Marine Conservation and innovation – 20-25 min
- An interactive session at the touch tank: Species Identification -15 min
- An interactive session at the BiG Eye microscope -15 min
- Free time to look around the Marine Discovery Centre – 15 min.

12.30: Bus to the Sawmill Cafe, Leigh for lunch.

About 3.00-3.30: Arrive back to Helensville

Cost: \$35 - for bus, morning tea and program at the Discovery Centre.

Payment into our U3A account ,

Include your **name and Goat as reference** or bring **cash** to the March 7th meeting in a named envelope .

Goat Island Marine Discovery Centre

Leigh Marine Laboratory, University of Auckland, PO Box 349, Warkworth 0941
160 Goat Island Road, Leigh 0985, New Zealand

+64 9 923 3645 (Centre) | +64 9 923 3621 (Office) | +64 9 422 6111 (Lab)



CURRENT INTEREST GROUPS

Interest groups are the great strength of U3A. As members we step up and convene small groups that offer rich opportunities for growing knowledge, skills and friendships. The following interest groups are offered by our members for our members. If you are a current U3A member and are interested in knowing more about a group feel free to contact the convenors direct. If you would like to join U3A South Kaipara or renew your membership please contact

Bev Silvester-Clark (Secretary)

or

Gloria Middleditch (Chair)

Monday	Tuesday	Wednesday	Thursday	Friday
Out and About Any day or time that suits Doreen Hogan	1st Tuesday General Meeting 10am at St John's room, Helensville	Mahjong every Wednesday 10.00 Janice Webster		
		2nd Wednesday 2pm Shared Reading Bev Silvester-Clark	2nd Thursday 2pm Critical Thinking Verna Healy	
3rd Monday 10am Gardening, phone Heather Hvland currently full	3rd Tuesday 10am Ted Talks ph Barbara Carter	3rd Wednesday 2pm Book Club, Rhiannon Herrick	3rd Thursday 12 midday Food & Wine Group Gloria Middleditch	
4th Monday 1.30.00 U3A Committee Meeting			4th Thursday 2-4pm NZ History Tony Silvester-Clark	Last Friday of month 10am Needles and Stitches Wendy Daniel

More about our interest groups.

Needles and Stitches.

Last Friday of month 10.00-12.00

Convenor: Wendy Daniel

Venue:

This is a group of like minded people interested in knitting, patchwork ,crochet, embroidery, appliqué or any sort of sewing or mending who like to meet in a casual atmosphere for a couple of hours or so each month. There is room for about 6-8 people and space for a person to bring a sewing machine.

NZ History

4th Thursday 2.00-4.00

Convenor – Tony Silvester-Clark

Venue –

This is a monthly self-study group where members pursue their line of interest through reading and sharing their discoveries and learning in the group. As an adjunct to this activity we also arrange guest speakers, view other media (films, documentaries, theatre), organize site visits (trips – local and further afield).

Out n About

Convenor: Doreen Hogan

As ideas of places, shows or movies to go to arise, Doreen is available to organise a group trip. Do contact her if you have an idea for such an outing.

Gardening (currently full)

3rd Monday 10.00

Convenor: Heather Hyland

Venue: Varies

Our group focuses on practical gardening and knowledge sharing. The group includes a wide range of experience levels and garden styles. We meet at each other's homes or occasionally at a garden centre cafe. Over coffee we report back on the month's gardening, ask for any advice, and share friendship and laughter as well as surplus plants.

Ted talks (currently full)

3rd Tuesday 10.00-12.00

Convenor: Barbara Carter

Purpose: To stimulate our minds and provide the opportunity to learn something new or expand existing knowledge by watching a TED talk together. The group offer free and open discussion on the topic chosen by a different member of the group each time. We find we discuss many aspects of not only the topic but other areas that it directs us to move to. It is a fun group where we often laugh together and learn a lot from the collective background of everyone.

Critical Thought Group

2nd Thursday of the month 2pm – 3.30pm (and no later than 4pm)

Convenor: Verna Healy

Venue: but may rotate to different homes.

This is the old Philosophy group with a new format.

Each group member has a turn at choosing the topic, researching it, and then leading subsequent discussion.

Book Club

3rd Wednesday 2.00-3.00

Convenor: Rhiannon Herrick

Venue:

We have an enthusiastic group of readers. We follow a simple format where each person

gives a brief description of a book read recently. This has become a rich resource for reading ideas for the members. A list of the books presented is then shared by email and some books are passed on to others. We usually have about 8 attending and our hour long meeting goes by very quickly.

Mahjong **Convenor:** Janice Webster

Venue:

10.00-12.00 every Wednesday

Apart from lockdowns this keen group has been meeting weekly for three years. We welcome learners.

Food/Wine Group

Lunch 3rd Thursday each month

Convenor. Gloria Middleditch

Venue: Various restaurants and eateries

We comprise of between 8-15 persons enthusiastically coming together from very varied backgrounds to learn about and enjoy foods or wines from around the world that are available or made in NZ. There are a few interesting older buildings that have been repurposed from homes or business' now adapted for use as a restaurant with very interesting histories. We can carpool if necessary all to be organised through Gloria Middleditch

Shared Reading

2nd Tuesday 2.00-3.30

Convenor: Bev Silvester-Clark

Venue:

Shared reading is a process developed in UK which encourages the reading and discussing of literature, short stories and poetry. We read out loud a short story and a poem, pausing throughout and discussing what the story is evoking for us. To know more see <https://www.aucklandfoundation.org.nz/the-reading-revolution> Helensville library supports this group with discounted photocopying.



Warm wishes

U3A Sth Kaipara Committee

Gloria Middleditch Chair

Tony Silvester-Clark Treasurer

Bev Silvester-Clark Secretary

Sara Newsome Almoner

Nigel Dempster

Doreen Hogan

You are receiving this newsletter because you recorded an interest in U3A Sth Kaipara.

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Or email Bev Silvester-Clark bev.s-c@outlook.com