



U3A Rutherford Inc

Message from Lesley

Kia Ora, members of U3A Rutherford.

Thank you to so many of you for coming along to our special meeting to usher in the new Constitution. It was a great turn out.

I don't know what it is, age perhaps, but these days so many things I do and see stimulate memories of people dear to me.

After hunting for cereal low in potassium and sodium, my long-suffering GP recommended I have an egg for breakfast. As I don't like the messy pot left after poaching or scrambling eggs, I decided on boiling. This involves special timing – I have found that six minutes on the boil produced just the right softness of the egg yolk that I like. (It is also a little test of my cognitive faculties remembering when the six minutes is up!) I drain the water and pour in cold water so I can peel the egg without burning my fingers. I dip it in the water from time to time, to cool it and wash off the little bits of eggshell stuck to the white. As I don't want them settling in the u-tube part of the sink's plumbing I decant them – pouring the water off while the tiny bits of shell settle in the bottom of the pot – just like panning for gold.

It is this that reminds me of my dear friends, a couple, one of whom I went to school with and flatted with, and the other who grew up near Gabriel's Gully, in Central Otago. When they became engaged to be married, they panned for gold from Gabriel's Gully for their wedding rings! So every morning I remember them.

What daily activities bring with them memories of the good life you have?

We can look forward to some demanding thought provoking and probably sad lectures on different aspects of crime in this next series of lectures, a change after the fascinating enthusiasms of those making alcohol!

Nga mihi,
Your President,
Lesley Hunt

Course 5: Crime

*Organisers: Ivor Watson, Sally
Mountfort & Brian Earl*

**September 13: Dr Jacek Kolodziej, Policy Director,
NZ Drug Foundation**

Topic - Drugs

**September 20: Professor Ian Lambie ONZM,
Chief Science Advisor, Justice Sector**

"Environmental factors of youth crime."

**September 27: Glenda Barnaby, Senior Sergeant,
NZ Police, & Working Group CAAP (Christchurch
Alcohol Action Plan)**

Topic - Policing

**October 4: Dr Helen Farley, Associate Professor
of Law, University of Canterbury & President,
Australasian Corrections Education Association.**

"Education in Prison"

**October 11: Dr Jade De La Paz, Professional
Practice Fellow and Forensic Anthropologist,
University of Otago**

*"Discover the hidden stories in bones:
Anthropology around the World."*

Final 2024 Course

Course 6: Pot Pourri

25 October, 1, 8, & 22 November

AGM: November 8, 2024

Christmas Lunch: December 6, 2024

***A warm welcome to new members:
Jan Manning, Doug and Maureen Truman***

**Lectures: Fridays, 11 am – 12 noon
St Christopher's Church, 244 Avonhead Rd.
Morning Tea: 10.20-10.50 am**

U3A Rutherford Inc., P.O.Box 79058, Christchurch 8446

Email: u3aruth@gmail.com

Website: u3a.nz/directory.htm (then pick 'Rutherford')

Bank account: 06 0817 0203945 00

Newsy Bits

Revised Constitution: This was passed by the Membership at the Special General Meeting, held on August 16th. It has now been uploaded to our webpage. Thanks to Vice-President Ivor and Treasurer Denise for their work on this.

Advance notice: Foodstuffs Distribution Centre visit has been rescheduled to November 5. All spots have been filled, but Paul Marsh has given Lesley Hunt the list for any cancellations while he is away.

2025 Planning Meeting: Your committee is meeting in early September to plan the programme for 2025. Thank you very much to members who have suggested topics and/or speakers – the potential is there for another great year!

Christmas Luncheon – advance notice: Once again, we have booked at Peppers Clearwater Resort as we did last year. This is scheduled for Friday December 6. More details will be published in our next newsletter.

Who's Downsizing or Spring Cleaning?



MANAGEMENT TEAM – 2023-24

OFFICERS:

President: Lesley Hunt Ph: 022 194 3667

Vice President: Ivor Watson Ph: 021 022 61814

Secretary: Barbara Ph: 662 9273

Treasurer: Denise Duncan Ph: 021 042 7596

COMMITTEE MEMBERS

Membership & Waiting List Administrator:

Joan Earl Ph: 942 4523
u3aruth@gmail.com

Communications: Julian Jensen Ph: 027 223 2678
u3aruth@gmail.com

Brian Earl, Carolyn Marks, Paul Marsh, Sue Milligan,
Sally Mountfort, Ron Paterson, Jill Taiaroa, Peter
Walker,

EX OFFICIO

Name Tag Administrators:

Ted & Erica Maginness Ph: 352 6777

Tea Roster Convenors:

Jan McFedries Ph: 021 265 5184

Betty de Roo Ph: 342 7750

Interest Groups

Walking Group

Sue Milligan

Denise Duncan

Film Group

Barbara Bone

Epicurean

Jenny Agnew

Ann Marsh

Book Group

Erica Maginness

Travel Group

Carolyn Marks

Choir

Alison Waghorn

Arts Group

Jacqueline Doig Smith

Cynthia Hampton

Every Monday

Ph: 027 662 2480 or

Ph 021 042 7596

2nd & 4th Tuesdays

Ph: 385 0070

Ph: 352 2217

Ph: 021 023 77019

3rd Tuesday

Ph: 352 6777

4th Friday of each series

Ph: 027 435 7244

Ph: 339 4377

Ph: 027 353 3945

Ph: 021 879 455