



U3A Avon Ōtākaro

Series 6: Pot Pourri

31 October–5 December 2022

Venue: St Christopher's Church, 244 Avonhead Road

Talks are on **Mondays**, except for the second Monday of each month, **beginning at 1.30 pm**, followed by afternoon tea at 2.30 pm.

Series 6/22: Pot Pourri

Our usual end-of-year series of interesting topics that didn't fit into any of our previous series, or another chance to hear the talks where speakers had suddenly become unavailable. This series ends with our end-of-year luncheon.

31 Oct **Newspapers today**

Kamala Hayman, editor of 'The Press'.

She will be talking about her time as an editor and the difficulties of running newspapers in this day and age.

The **2022 AGM** will be held immediately after this talk. The AGM agenda and Annual Report are attached with this newsletter.

7 Nov **The Bank of Mum and Dad: the joys and pitfalls of interfamily lending**

Rachael Robertson and Helen Wallace from Corcoran French solicitors.

With the cost of housing and the banks tightening up their credit criteria, buying a home is becoming much more challenging for our kids. As a result families are coming up with ways of assisting their children into homes.

Rachael and Helen will be presenting the options for assisting children to buy a home. There are a number of options, all having their own pros and cons. They will work through the options and give some practical scenarios to illustrate.

For more information about Corcoran French visit their website: www.corcoranfrench.co.nz

21 Nov **Housing Policy – A Planner's Perspective**

Ivan Thomson, Consultant Urban and Regional Planner.

Is town planning part of the housing problem? The Government seems to think so. This presentation will discuss whether

Christchurch's planning efforts deserve to be overridden by central government intervention through the RMA, and whether the consequences justify the means.

28 Nov **Journeys in Mongolia**

Colin Monteath, mountaineer, photographer and writer.

My talk focuses on four journeys to Mongolia, the first in the summer of 2000 to climb the highest peak in the far west of the country. The next three trips took place in more recent years in winter: two into the Gobi desert with camels, and the last one with reindeer in the Taiga forests on the far northern border with Siberia.

5 Dec **End of year luncheon**

Venue: The Garden Court Brasserie at The Chateau on the Park. Cost \$30 to members (there is a \$4 subsidy). The menu and parking information are on the next page.

We will need to know the numbers coming by 28 November. Please complete the online form (https://docs.google.com/forms/d/e/1FAIpQLSew7rYDkj5r0BiviQji8eK4g_SRIIsI3Lfb460Uj23TQcHOMdw/viewform) or add your name to the form available beside the name tags.

We will not be collecting money: you pay for your meal and drinks at the venue.

Notices

Wearing masks

Although we are no longer required to wear masks except in healthcare and aged care facilities, there have been recent warnings of a surge in new Covid variants. If you feel more comfortable at meetings wearing a mask then please do so. It is still a serious disease for our age group. There are also free anti-viral medicines to us, free boosters, and free medical-grade masks available.

New members

A reminder to encourage anyone you know who would be interested in joining us. As people age and circumstances change we will lose members and need to replace them. Imagine if we each invited one person to come... (visitors may attend two meetings at no cost).

End-of-year luncheon

Monday 5 December, midday. Menu below:

Garden Court Brasserie

Chateau on the Park

Pre-Christmas Menu

Main

Slow Roasted Crispy Pork Belly

With apple cider gravy, gratin potatoes & seasonal vegetables (GF).

Beef Fillet Mignon

With gratin potatoes, seasonal vegetables & mushroom sauce (GF).

Grilled Dory Fillet

With Asparagus spears, new herb potatoes & seasonal vegetables.

Dessert

Steamed Christmas Pudding

With Anglaise sauce and vanilla ice cream.

Vanilla Crème Brûlée

With fresh strawberries and berry coulis served with ginger spice crisp (GF available).

Served with freshly brewed tea & coffee

The Chateau on the Park is located in the block bounded by Deans Avenue, Kilmarnock Street, Darvel Street and Matai Street East.

Parking is available off Darvel Street (entrance at the Kilmarnock Street end) and also off Kilmarnock St.

2022 Committee

Our thanks to the 2022 committee for their work during the year.

President: Miles Ellery

Vice President: Bryan Wright

Secretary: Vivienne Mander; email: u3a.avon@gmail.com

Treasurer: Murray Edlin, ph: 354 3441,
email: mredlin@xtra.co.nz

Committee: Viv Grant, Chris Kissling, Barbara Peddie, Gloria Street, Jonet Ward.

Research participation request

We have received this email and some members may be interested in participating: :

My name is MinChul Park, an Audiologist and PhD Candidate at the University of Canterbury.

I am conducting research on tinnitus and I am looking for those willing to take part in my PhD research project.

There are two research sessions: first is about 2 hours and the second is about 3 hours. This can be done in a single day or over two days.

At the conclusion of each study session you will receive \$20 voucher as a token of appreciation.

The primary criteria is that you have:

- 1 **No tinnitus.**
- 2 **Same hearing** between the ears (symmetrical hearing).
If you are not sure I can test your hearing for you free of charge.

If you fit the above criteria and wish to participate, please contact myself on:

MinChul Park, Audiologist and PhD student
School of Psychology, Speech and Hearing
The University of Canterbury
Email: minchul.park@pg.canterbury.ac.nz
Phone: 021 234 2350

Note: Hyperlinks ([in blue](#)) are live links, just click on them to go to the website or to your email application.