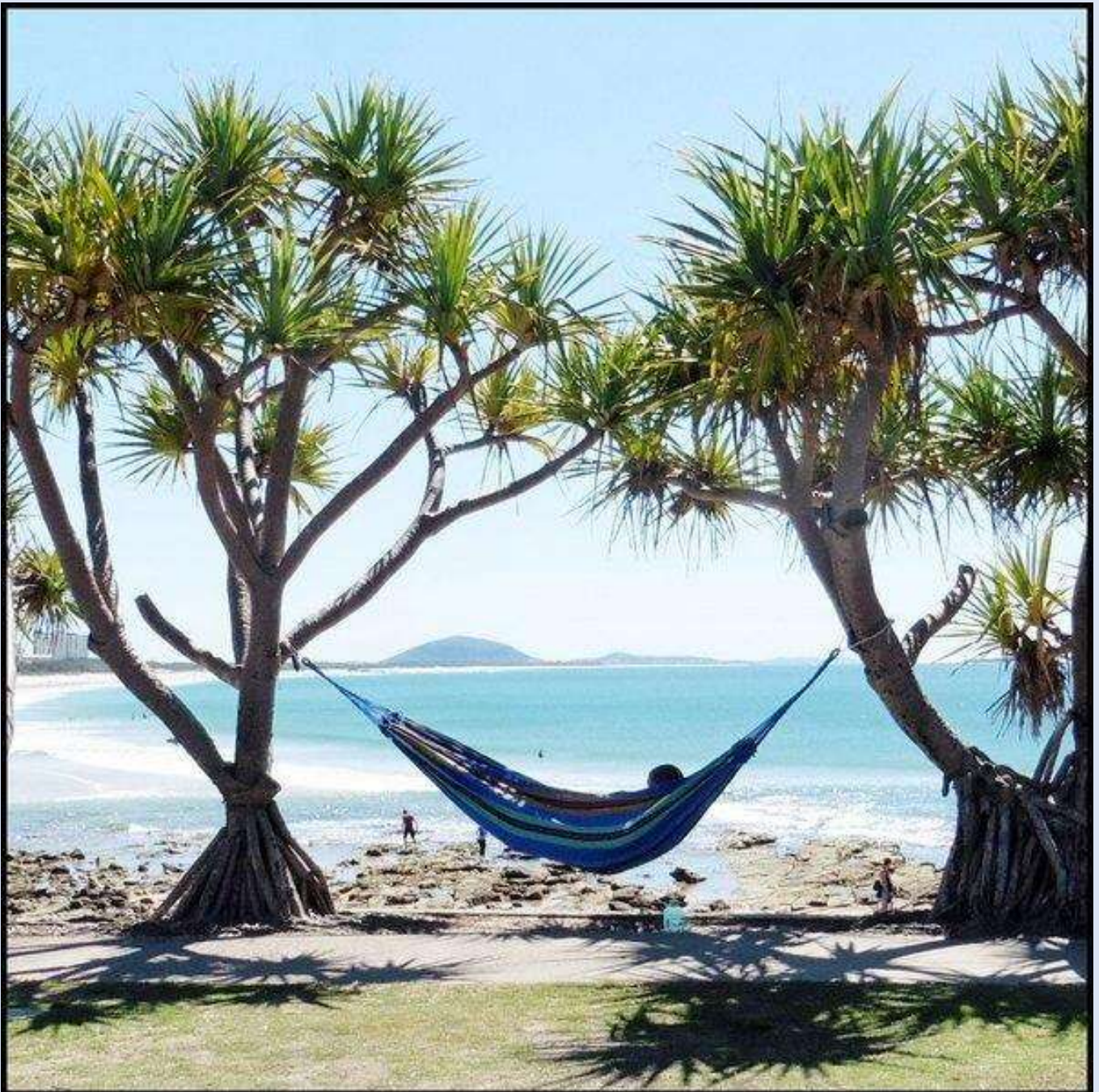




MARCH - APRIL 2024



THOSE LAZY, HAZY, CRAZY DAYS OF SUMMER ... are drawing to a close. But we have the season of mellow fruitfulness ahead. **Colin Basire** took the picture and you can enjoy more of the work of our Photography group members on the [U3A website](https://www.u3atauranga.kiwi.nz).

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Correspondents: Tauranga, Jan Holden / Katikati, Marjorie Squire

GM photographs: Colin Basire, Glenne Findon



QUIZ CORNER

1. A star's magnitude is a measure of its what?
2. Why did Sandra Rivett make world headlines in November 1974?
3. The United Nations has how many member states: a) 145; b) 193; c) 210?
4. Which famous Falls are on the Zambezi?
5. Which New Zealand city is located at 37° 41'S, 176° 10'E?
6. Which famous poet was described as "mad, bad and dangerous to know" by his lover Lady Caroline Lamb?
7. Dihydrogen monoxide is better known as what element?
8. Which first name has been used by eight Kings of England?
9. Who was Popeye's girlfriend?
10. Who is pictured here?



■ [Answers on Page 27](#)

WHO'S SPEAKING AT OUR NEXT GENERAL MEETINGS

TAURANGA, 15 MARCH, TAURANGA YACHT CLUB, SULPHUR POINT, 9.45am

Carole Gordon MNZM is a social scientist specialising in social and political gerontology. Carole is leading a UN Decade of Healthy Ageing and Longevity Wellbeing project in Tauranga Moana. Her presentation will focus on the Decade's challenges and opportunities for local engagement and for U3A Tauranga to consider if we might like to pursue a project. Please see [Page 11](#).

TAURANGA, 19 APRIL, TAURANGA YACHT CLUB, SULPHUR POINT, 9.45am

Remember the old annuals? *Bunty*? *Boy's Own*? *Girls' Crystal*? Well, the good news is annuals are back, so your grandchildren can enjoy them too. Finally, something to compete with their phones! Come and hear *School Journal* editor **Susan Paris** talk about her latest project, *Annual 3*, with co-author Kate De Goldi. Please see [Page 11](#).

KATIKATI, 13 MARCH, THE HUB, 21 MAIN ROAD, 10am

Vince Ford's topic will be *Human Connections*. Human connection has a proven influence on wellbeing. Recent studies have found that loneliness can influence premature death more than smoking 15 cigarettes a day. Neuroscientists have proven that areas of the brain that register loneliness are the same areas that register pain.

KATIKATI, 10 APRIL, THE HUB, 21 MAIN ROAD, 10am

Bill Holland former Senior Partner, now Consultant with Holland Beckett Tauranga, will speak about wills, powers of attorney ... and other issues relevant to our demographic.



It is the people, the people

DEAR Members,

Six years ago I left Auckland to move to life in the Bay of Plenty, specifically Tauranga. While change with opportunity was always something I had embraced, this felt different. I was heading into the unknown and it felt scary. I knew nobody down here, had retired from a job I loved, and was moving away from extended family and friends, all of whom played a very special part of who I was. My lovely elder sister told me that once I arrived in Tauranga I should join U3A. My response to her was “No thanks, I know you enjoy the U3A, if that is it’s real name, but no way, it’s not for me.” Older sisters can be quite perceptive, knowing more about the needs of a younger sister than they do themselves. I did decide to attend a General Meeting at the Wesley Church, got there and home again thanks to Google Maps.

At the 2024 Annual General Meeting, I was inducted as the incoming President for U3A Tauranga. My journey to this position has been super positive. I have met so many awesome people and been supported through my journey by many. I especially thank the following three wonderful Coordinators – Anne Briggs, Carol Simpson and Margaret Marsh – who gave friendship and support in my role as the R-Z Coordinator, and Past Presidents Anne Withy and Raewyn Gallagher, always happy to answer my questions and give guidance when I asked. Ultimately, for me it has been the people, the people, the people, the members who make U3A Tauranga the organisation that it is, warm, welcoming, mentally and physically stimulating – and special.

I trust that everyone has been able to enjoy the wonderful summer that we have been blessed with. Like many of you, I am sure, my time was full of grandchildren and family visits from outside of Tauranga. I suspect that the real attraction may have been the beautiful beaches that the Bay of Plenty offers. Some might equally suggest that it was the cricket that dominated many TV screens throughout Tauranga, including ours, for those unable to head to Blake Park to view the games in person.

Whatever each of you were doing over the festive season, I am sure that, like me, you are now celebrating a return to your various U3A Tauranga interest groups. We have so many to choose from.

In closing, I wish to thank all those who completed the many administrative needs to make for a well prepared 2024 for all of us. I also offer congratulations to Chris Hector and Elizabeth Reeves, our two new Life Members, awarded for the many years of work they have given to U3A Tauranga.

Nga mihi nui, with my thanks,

Gail Moore

President U3A Tauranga

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HAVE YOU FORGOTTEN TO PAY YOUR 2024 SUB?

The annual subscription for 2024 was due at the beginning of the year and must be paid by 31 March at the latest if you are to remain a financial member of U3A Tauranga and U3A Katikati. The subscription is still only \$20 for the year. Contact membership@u3atauranga.kiwi.nz

Life Memberships for Elizabeth and Chris



TREASURER Elizabeth Reeves and Membership Administrator Chris Hector, both retiring from the Executive, have been made Life Members of U3A Tauranga in appreciation of their many years of service to the society. Also retiring were Executive members Anne Withy and Dianne Beveridge. All were thanked for their hard work and dedication.



Thank you, Raewyn



RETIRING President Raewyn Gallagher was thanked by her successor Gail Moore. "We fully appreciate all the work Raewyn has done to keep all the team under control and resolve issues," Gail said in paying tribute, while presenting Raewyn with a bouquet. Raewyn will continue on the Executive in her role as Immediate Past President. This year's AGM was well attended, with 110 members and guests present.

Reporting by **Paul Chapman**
Pictures by **Colin Basire**

It's farewell, Christine

U3A TAURANGA is saddened to be losing the services of our Secretary, Christine Norton, who is planning on doing some travelling. Retiring President Raewyn Gallagher said: "Christine taught us to be professional. Her lovely personality was such a wonderful thing to have in meetings."



And a word from Tom

TOM Robson, Chairperson of the Katikati U3A subcommittee, thanked Anne Withy,



Raewyn Gallagher and other officers of the Executive for their support of the Katikati branch which, he reported, is going from strength to strength.

ANNUAL GENERAL MEETING



Full list of members appears on Page 28. (Not all members were present for the photographs.)

Will you help keep U3A Tauranga running smoothly?

WE STILL urgently need the following to fill key roles on the Executive:

Secretary: A senior role on the Executive requiring good verbal and written communication skills. Familiar with Microsoft Word and Excel. Having administration experience.

Membership Administrator: Good team work skills as this position works closely with the Treasurer and Data Manager. Working knowledge of Microsoft Word and Excel. Good administration skills.

Publicity Officer: Able to work with a small team and use media effectively. Good verbal and written communication skills. Familiar with Microsoft Word and graphic art programs.

D-H Group Coordinator: Good verbal and written communication skills. Able to participate in meetings with Conveners and new members. Familiar with Microsoft Word, PowerPoint and Excel. Good administration skills.

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Glyn Tucker's tale of a life singing for his supper

By JAN HOLDEN

SINGER and songwriter **Glyn Tucker** delighted the audience after the AGM with his entertaining talk *Going for a Song*. His often humorous address about a long career in music, punctuated with enjoyable guitar playing, took us down memory lane recalling the popular songs

we knew so well from the 1950s and '60s. Glyn learned the violin as a child and, by the time he was at high school, he was accomplished enough to play violin in the school orchestra.

In the 1950s, and after six years of formal music education, his music preferences changed. He was greatly influenced at the time by radio and the magic of Hollywood movies. His first taste of rock and roll was when he heard Bill Hayley's *Rock Around the Clock*. By 1956, rock and roll had spread around the world and changed popular music for ever. Glyn was caught up in the excitement of the whole rock and roll culture – clothes as well as the music. He soon noticed that girls were attracted to guitar players and so his violin playing days were over!

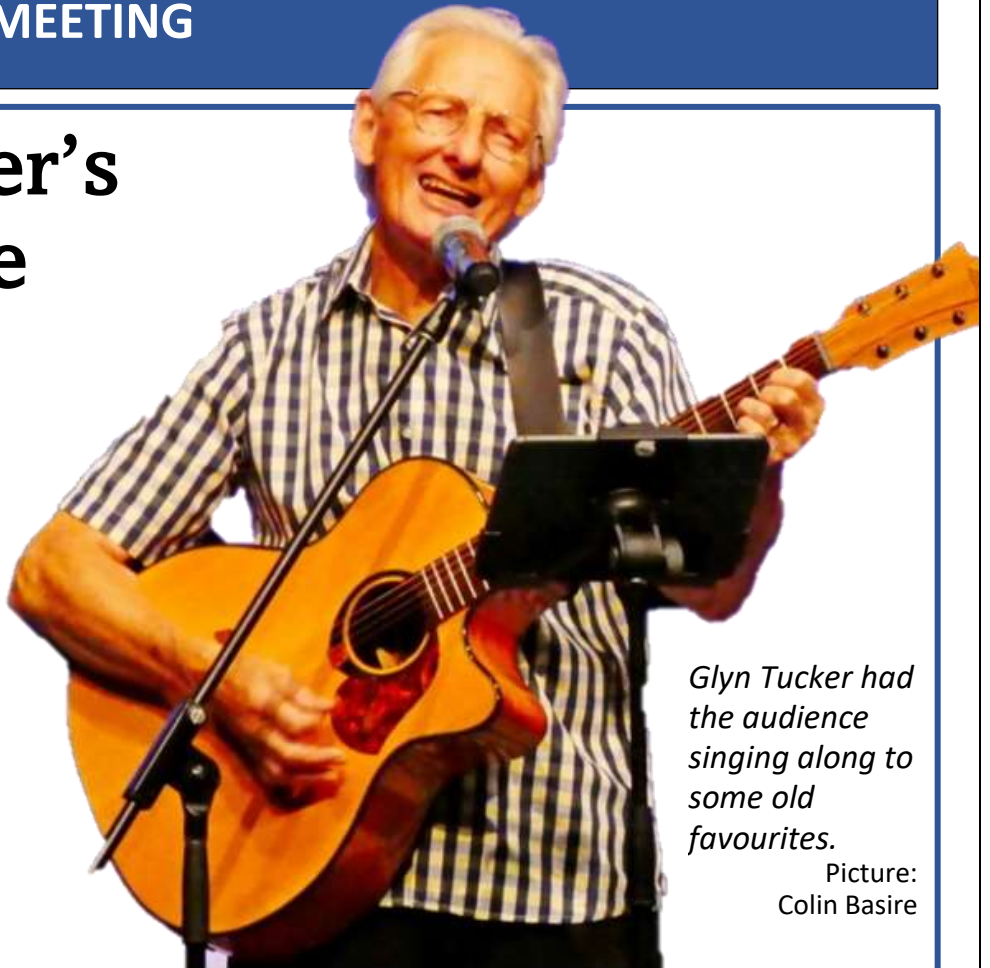
Elvis Presley and Tommy Steele movies were among those that inspired him to save up to buy a guitar. He taught himself to play and was soon strumming along to the hits of the day. He also started writing his own simple songs.



Likely lads ... *The Gremlins* in the mid '60s.

Glyn got together a couple of bands in the late 1950s to early 1960s, and in 1965 he started the *The Gremlins*. In 1966, the group recorded their first single, *The Coming Generation*, which Glyn played to us on his guitar. It became a hit record and was in the Top 10 of the Loxene Gold Disc Awards. It didn't win, however, as it was beaten to first place by Maria Dallas's *Tumblin' Down*. (At this point the audience joyfully joined in singing the chorus to *Tumblin' Down*.)

Continued on Page 7



Glyn Tucker had the audience singing along to some old favourites.

Picture:
Colin Basire

ANNUAL GENERAL MEETING

Continued from Page 6

The Coming Generation did, however, get to No.2 in the New Zealand charts. Glyn reckoned it might even have climbed to No.1 had it not been for The Beatles' *Yellow Submarine* hogging the top slot. At No.3 was *Eleanor Rigby* – so The Gremlins were, Glyn said, “stuck in the middle of a Beatles sandwich!”

The second phase of Glyn's career began in 1975, when he founded the Mandrill Recording Studios in Auckland. For over 20 years in this field he worked with New Zealand and American

music promoters, producers and many well-known singers. One big American producer who greatly influenced Glyn was Kim Fowley. Together they searched NZ for talent, trying to find the next great group. Glyn also promoted NZ music at several Cannes Music Festivals.

Glyn now lives in Katikati and continues playing and singing in his retirement, including performing gigs in retirement villages.



MEET & GREET

MEMBERS of **Oceanside Music Group (OMG)** left their instruments at home for the day and were ready with a cheery welcome for everyone arriving at the Annual General Meeting.

The group were amused recently to discover a picture of some of their members (*see below*) featuring in an advertisement which appeared in a local newspaper for the Mount RSA, where they rehearse. “They thought we were more interesting than the other groups who use the RSA,” said Convener Alan Read with a smile.



OMG meet on the second and fourth Tuesdays. Contact Alan or Linda Tocker (details in the Handbook).



PRESIDENT'S ANNUAL REPORT

U3A TAURANGA INC PRESIDENT'S ANNUAL REPORT FOR 2023 Presented at the AGM, 16 February 2024

IT IS my pleasure to present the Annual Report for the U3A Tauranga in 2023.

Membership

The year began with 949 members. Our final year end figure was 918 as we had 84 resignations, 12 deaths, 109 new members and 22 rejoins. Sixty-six members failed to renew their subscriptions, so were removed from the data base. We also had nine Life Members. Our numbers from Katikati continue to grow.

Development of U3A in Katikati

Katikati groups have continued to grow and most have waiting lists. The General Meetings have been well attended and had a wide range of speakers, many with an emphasis on topics of a local interest, such as Hilary from the Horticulture Hub at Katikati College. This is a project that develops skills so that younger people can build a career in the horticulture industry and stay in Katikati after leaving college. An early speaker on the Community Board informed us that there were very few people between 20-35 years in the town. Christine Pelosi stepped down as Chairperson, having helped establish the group. Tom Robson is now the Chairperson.

Finance

The rising prices of venue hires and catering costs have impacted our income, so we have regularly assessed the budget to ensure we could meet the needs of members. Elizabeth Reeves has resigned after seven years as Treasurer and has been an important member of the Executive. The Treasurer will give you a full report for the year and present the Financial Statements in a few minutes.

Interest groups

The Co-ordinators ran three New Members' meetings and two Conveners' Meetings during the year. The Group Co-ordinators have supported their Conveners to ensure they feel confident to take advice if required. Some groups closed as their group members had aged and could no longer travel to meetings. I wish to thank those Conveners for the service they have given to U3A. The Conveners and Co-Conveners are the backbone of U3A and do a wonderful job each month ensuring interesting topics are presented. We have had some interesting short talks from the Conveners describing how they run their groups. The number of interest groups including Katikati ended at 83 for the year.

General Meetings

The Speakers Committee arranged a wide range of guest speakers this year and the topics increased our knowledge. Some related to projects within Tauranga, like the update on the changes to the inner city. Others were more philosophical, like the talk by the Principal of Tauranga Girls' College about educating young women in today's society. All the speakers were informative and entertaining.

Other achievements and activities

The policies and guidelines reviewed and updated during the year were:

- The Co-ordinators' and Conveners' Guidelines

PRESIDENT'S ANNUAL REPORT

- Travel Reimbursement Guidelines
- Purchasing Guidelines

Website

Figures collated show an increased use of the website.

Zoom use: We have a Zoom licence, which is available to groups.

- This has allowed groups to use a wider range of speakers and experts to address their group
- Groups are no longer restricted to venue size
- Some group members with compromised health are able to participate from their own homes.

Revision of the new member application format

- The application form has been revised so that it can be drawn down from the website and emailed to the Membership Administrator
- The receipting process has been made simpler
- An increasing number of members have opted for the digital handbook as this is updated at intervals during the year by the Handbook Editor

Data updates

The Data Manager has liaised with the Conveners to achieve an improved update of group members.

Seniors Expo

A small team of Executive Members were present at the stand at the Expo for two days. The result: we received new members and increased the numbers rejoining. We also introduced U3A to many members of the public who had no idea we existed.

Newsletter

This publication has been exceptional this year, full of interesting articles from members. Paul has led his team to achieve these results.

In conclusion

I would like to thank everybody who works so hard to make U3A Tauranga such a positive force in Tauranga. This includes those who are on the Executive, those giving support to the Executive, the Conveners, and those members who attend General Meetings. This is a voluntary organisation and without this input we would not exist.

The incoming Executive will be under the leadership of Gail Moore, and I wish her and her team all the best for 2024.

Finally, I would like to thank you for the privilege of leading you this last year and for the help from many people who stepped up when I was unwell.

Raewyn Gallagher

President

U3A Tauranga

16 February 2024



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Soldiers' memories never fade

By MARJORIE SQUIRE

JOHN Barrett, a New Zealand Army Vietnam veteran, was the main speaker at the Katikati U3A General Meeting in February. John gave a very personal account of serving as a 21-year-old with the 161 Field Battery in the Vietnam conflict. Unlike other war theatres, Vietnam posed a different scenario, John said. Soldiers had to counter guerilla warfare against an illusory enemy through jungles. Sound travels through jungle, so it was imperative to be always on the alert when moving through the thickets of bamboo and elephant grasses. Hand signals were used to signal to other soldiers in the group.

In camp living "home is where you dig it". This was a slit trench with a cover of a World War II tent, surrounded by sandbag walls and floors of ammunition boxes. Keeping above the water table was a challenge, especially in monsoon conditions. Daily rations were carried in a backpack and drinking water delivered by helicopter. Water for washing depended on monsoon showers. Recreation was usually on an improvised volleyball court and played in underpants and boots.



New Zealand infantry on patrol in Vietnam.

John explained his role as a ballistics surveyor, describing how the propellant from the breach of the gun was estimated to reach the target. This was influenced by weather patterns, temperature of the charge back, earth's rotation, gun position and angle. In modern warfare, gun positions are determined by computers rather than manually.

John commented on how wars fade in public consciousness but soldiers' memories don't.

"As a veteran I was there – sometimes I still am," he said. The Army has not historically provided any de-programming for veterans leaving the service. This issue is a work in progress for those who have represented this country during military service. John gave us an insight into a military life of hardship and discipline that few would have experienced.

The other speaker at the General Meeting was **Al (Allan) Mathews**. Al had a previous working life as an advertising creative director and professional writer. His intention was to gauge interest in forming a Philosophy group within Katikati U3A.

We are all philosophers unknowingly, Al maintains, as we do question issues, what these mean to society, and what needs to change. The benefit of a Philosophy discussion group would be to explore issues and create space to hear diverse views and their rationale on a range of topics.

KATIKATI GROUP NEWS UPDATE: **Wordsters**, a creative writing group, has proved a big success. It started back in September, and meetings in October and November followed. In fact, the group are so keen they even had a meeting in January. There are seven members and the group feel that is big enough as they meet in people's houses. Convener is Lynne Shearman.

IN MEMORIAM: JANE MASON

WE LOST a dear friend when **Jane Mason** died on 22 January, aged 80.

Jane had lived a very busy and varied life, working in both New Zealand and the United States as a senior nurse, running a kiwifruit business with her husband Ian in Ōmokoroa, and raising a family of four children.

The family, now spread overseas and grown in size, remained central to her life, and this special woman was undoubtedly the matriarch of the family, making each of them feel individually important to her.

Her interests ranged far and wide, from playing 500 each week to travelling to hear international musicians. She herself was a very accomplished pianist and was one of the instigators and fundraisers who organised the purchase of the Steinway piano in Baycourt concert hall.

U3A became an important part of Jane's life, particularly the **International Affairs** group. Jane was widely read and took a keen interest in current affairs in every part of the world.

Whenever possible she would attend the group's fortnightly meetings on Zoom.

Having a conversation with Jane was thought provoking and at times challenging, but always stimulating, and often entertaining. At her funeral she was described by her family as a "force of nature", "larger than life", with high standards and someone who taught values to others.

It was a privilege to have known Jane. She will be missed very much.

Sue Garner



Carole Gordon MNZM (*left*), our main speaker at the **U3A Tauranga General Meeting on 15 March**, is leading a UN Decade of Healthy Ageing and Longevity Wellbeing project in Tauranga Moana. The project was founded in 2023 on a partnership with iwi, Health New Zealand Te Whata Ora A Toi, and the Western Bay of Plenty Primary Health Organisation, collaborating with Age Concern, local government and community agencies. A New Zealand Decade of Healthy Ageing programme is under way. Carole has been appointed as the national Strategic Advisor. Her presentation to U3A will background the broader longevity dividend impact of population-ageing and provide principles for a resilient longevity economy. Carole says: "I am passionate about social change and the opportunity that living longer and living more brings to society, both enriching lives, communities and the economy."



Susan Paris (*left*), the main speaker at the **U3A Tauranga General Meeting on 19 April**, will talk about her latest project *Annual 3*, a book published with the help of her publishing partner, Kate De Goldi. The pair's third annual is a New Zealand spin on the much-loved classic, with original content commissioned from some of our best authors and illustrators. Kids will find stories, comics, poetry, essays, recipes, crosswords, games, a song, and even a knitting pattern so they can knit their own brain! There's plenty of fun, but the annual's editors are on a serious mission: to satisfy a discerning young audience. Their website is www.annualannual.com

MARGARET MARSH is a well-known figure in U3A Tauranga and a hard-working member of the Executive, but 2023 brought her some serious health scares. In this frank article, she reports on her experiences ... and sounds a warning for others.

Keep up with breast screening

LAST year was not a good year for me health wise! In February, after complaining of a low back ache for 18 months and being treated with copious quantities of pain killers, I changed doctors and was immediately signed up for a number of tests: blood tests, an ultra sound for biliary colic (gall stones), a gastroscopy, and finally a CT colonography scan. The outcome of all this was to discover I had a duodenal ulcer!

I did not know that taking my usual headache tabs over many years was probably the cause of it. Nurofen is an NSAID, a Non-Steroidal Anti-Inflammatory Drug, these are medicines that are widely used to relieve pain, reduce inflammation, and bring down a high temperature. Some commonly used NSAIDs include: aspirin (such as Disprin), ibuprofen (such as Nurofen), and naproxen (such as Naprosyn). (<https://www.nhs.uk/conditions/nsaids/>)

My ulcer was caused by the bacterium *Helicobacter pylori* (*H. pylori*), which multiplies in the mucus layer of the stomach and duodenum. The bacteria secrete an enzyme called urease that converts urea to ammonia, which protects the bacteria from stomach acid. As *H.pylori* multiply, it eats into the tissue of the stomach or duodenum, which leads to gastritis and/or a gastric ulcer. The usual treatment is a "triple therapy" regime which involves taking two antibiotics to kill the bacteria and a medicine to reduce the acid made by the stomach. My ulcer was treated and hopefully it will not return. My pain relief is now non-NSAID Paracetamol, which is available over the counter and is safe for most people to take.

CANCER

In July, I booked in for a mammogram at Bay Radiology. The receptionist said that I had had one in 2022 and was not due for another until 2024. "That's okay," I said, "still book me in for a mammogram." I duly attended on 28 July, paid the \$180 as I am too old for the freebies, and had the x-rays taken. I was called back on the 3 August for more x-rays, an ultrasound and a biopsy ... Oh dear, here we go! I had no pain or other symptoms which might have alerted me to a problem, and I have never been a smoker.

On 16 August, my doctor told me I had a very small, very early, invasive carcinoma tumour grade 3, and a 98 per cent chance of full recovery. If I had left the mammogram until 2024, the chance of recovery would have been 70 per cent! And if I had not bothered with the paid mammogram, I would be having a full mastectomy in a couple of years. I was later told by a cancer ward nurse that her department is full of ladies in their 70s and 80s undergoing mastectomies.

On 20 September at Tauranga Hospital, I had a discussion with the surgeon, Dr Nicola Davis, who

Continued on Page 13



Margaret Marsh speaks at a recent U3A meeting.

NEWSLETTER FEATURES

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explained the process going forward. I would have a Savi Scout inserted, then a lumpectomy and lymph node extraction. Savi Scout technology makes lumpectomy procedures – surgeries where only part of the breast is removed – easier for both patients and surgeons, by accurately pinpointing tumours before surgery.

The Scout is about the size of a grain of rice and is inserted into the breast tumour up to 30 days before surgery. There are no restrictions on how long the reflector can stay in the breast. The procedure will usually take about five minutes. The radiologist will arrange a special mammogram picture to check the correct position of the reflector. There may be some mild discomfort and bruising after the procedure. (<https://www.youtube.com/watch?v=UDbzmjV-IE>)

The reflector is not externally visible, and placement does not restrict your movements. The reflector is passive until it is activated, when safe non-radioactive radar waves are used to detect it within the breast, guiding your surgeon to the precise site of the tumour. X marks the spot!

(<https://www.pennmedicine.org/cancer/types-of-cancer/breast-cancer/breast-cancer-treatment/lumpectomy/savi-scout>)

On 29 September, I had the Savi Scout inserted and, a week later on 6 October, the day surgery at Tauranga Hospital. A district nurse visited me at



The Savi Scout sends non-radioactive radar waves to a receiver.

home for five days after the operation to dress the wounds, which healed up perfectly. On 18 October, a visit to Dr Davis confirmed an ALL CLEAR on the lump and lymphs! Yay!

I continued with my life as normal, until the week of the 11-15 December, when I attended the Kathleen Kilgour Centre for my radiation therapy. All went well and I have not experienced any after effects, such as redness like sunburn, peeling or tenderness. I was given a big jar of Fatty Cream to lubricate the chest area. (<https://www.youtube.com/watch?v=AXN2TWACHoA>)

Ladies ... I strongly recommend that if you have finished your free mammograms and have not been back since, please, please do go for a check now. It could save your life! And gentlemen, if you get a swelling or painful breast think about having a mammogram – breast cancer is not just for girls!

(<https://www.breastcancerfoundation.org.nz/breast-cancer/types-of-breast-cancer/breast-cancer-in-men>)

And finally, I want to thank Dr Davis's team and the Kathleen Kilgour team for their kindness and care. It was first rate and we should be proud to have health facilities like this in Tauranga. I am now looking forward to a happy and healthy 2024!

I am happy to answer any questions you may have after reading my adventure story. You can contact me at margaret.marsh.forward@gmail.com [Return to Page 2 index](#)

Missed an interesting article in a previous *Newsletter*? You can browse through our back issues by clicking on the links at [Newsletters - U3A Tauranga Inc](#)

MURRAY ARMSTRONG continues his fascinating investigation into the true meaning of some of our best-known nursery rhymes.

The cat, the cow and the moon

Hey diddle diddle / The cat and the fiddle, / The cow jumped over the moon; / The little dog laughed to see such fun, / and the dish ran away with the spoon.

THIS has to be one of the more intriguing nursery rhymes of all. It is written in code about the time Richard III became the King of England. When Edward IV died, on 9 April 1483, his brother Richard took control and placed Edward's two sons in the Tower of London. He then had Parliament declare them illegitimate and, soon after that, the boys mysteriously disappeared, probably murdered. Richard was crowned on 6 July 1483 as Richard III. It was too dangerous to openly question the new king's actions, so criticism in a new nursery rhyme began with a nonsensical opening: "Hey diddle diddle".

A leading member and co-fiddler of Richard III's government was Sir William Catesby, the Chancellor of the Exchequer. He was publicly known as "Catte" (pronounced Cat), hence "The cat and the fiddle". A leading and powerful person of these times was Richard Neville, the Earl of Warwick, alias "the Kingmaker", such was his influence. The Warwick family emblem at the time was said to be unofficially a cow. Neville's cousin, Henry Percy, Earl of Northumberland, had a long-running and bitter feud, taking opposing sides in the Wars of the Roses. The Percy family emblem was said to be unofficially the moon. When the Nevilles prevailed, it was held that "The cow jumped over the moon".



Francis Lovell, Viscount Lovell, was Richard III's childhood friend and supporter. His family emblem was a dog. On assuming power, the King gave Lovell further estates, which made Lovell so happy "the little dog laughed to see such fun". Then it is said, "the dish ran away with the spoon". The usurper King Richard was the dish. In his play *Richard III*, Shakespeare makes mention of a "dish of revenge, best served cold". And the spoon was either the anointing spoon used during Richard's coronation or the royal sceptre that he allegedly had illegally taken.

This year, **History A** have moved on to the 16th and 17th Centuries, as we begin studying Tudor times, which were followed by the Stuarts. These years were a period of religious turmoil in Britain and there is a plethora of nursery rhymes set in this context. I will examine a selection. In a few cases where historians have come up with more than one explanation, I have taken the most accepted one.

Let's start with the reign of Henry VIII and ...

I had a little nut tree, / Nothing would it bear / But a silver nutmeg / And a golden pear. / The King of Spain's daughter / Came to visit me, / And all for the sake of my little nut tree. / Her dress was made of crimson, / Jet black was her hair. / She asked me for my nut tree /

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NEWSLETTER FEATURES

Continued from Page 14

And my golden pear. / I said, "So fair a princess / Never did I see; / I will give you all the fruit / From my little nut tree."

In 1501, the Spanish King Ferdinand I and his queen, Isabella, arranged for their youngest daughter, Catherine of Aragon, to marry Henry VII's son and heir, Arthur. The marriage bonded Spain and England. But the marriage was short-lived because Arthur died a year later. Henry VII was faced with the prospect of returning Catherine's dowry to Spain, so immediately arranged for his second son and now heir, Henry (later Henry VIII), to marry her. As Henry was five years younger than Catherine, the Spanish princess had to wait until her fiancé was old enough to marry. The nursery rhyme sums up the royal manoeuvrings of the time. The "nut tree" is England offering its "fruits" or wealth. The items mentioned indicate how together the two nations could consolidate their success in trade: spices from the East, symbolised by the "nutmeg", and precious metals from South America, represented by the words "silver" and "golden". The "pear" is a reference to England's agricultural plenty.

Unfortunately, Catherine's marriage to Henry VIII ended much less happily than it started. When after many years she had been unable to produce a son, she was cast aside in favour of Anne Boleyn. Numerous nursery rhymes tell the story about the marriages of Henry VIII, and the momentous events around this issue, which led to the break from Rome, unleashing the Reformation in England. *Little Boy Blue, Old Mother Hubbard, Needles and Pins, Hark, Hark, the Dogs Do Bark, and Little Jack Horner* are all nursery rhymes relating to this time.

Cardinal Thomas Wolsey was the highest cleric in England, serving as Papal Legate from 1515 until 1529. As well, from 1514 to 1529 he was Henry VIII's Lord High Chancellor and became the controlling figure in virtually all matters of state. His failure to get a Papal annulment of Henry VIII's marriage to Catherine resulted in his downfall. Also, Wolsey's extravagance, personal enrichment, and love of pomp and ceremony created considerable public comment and resentment. "Little Boy Blue" is Cardinal Wolsey. The Wolsey family crest included the faces of four blue leopards.



Little Boy Blue, / Come blow your horn; / The sheep's in the meadow, / The cow's in the corn. / Where is the boy who looks after the sheep? / Under a haystack fast asleep. / Will you wake him? / Oh no, not I. / For if I do / He will surely cry.

Cardinal Wolsey's high-handed manner and tendency to show off and blow his own trumpet meant his demise in 1529, from the high and mighty to being like a little boy, was met with great public delight. This mocking nursery rhyme challenges him to "blow his horn" when he no longer can, as he has been stripped of his powers for all time – put out to pasture with "the sheep in the meadow and cows in the corn." He has been put "fast asleep", never to be woken. "Will you wake him? Oh no, not I. For if I do, he will surely cry."

Murray Armstrong will continue his enjoyable articles on the meaning of nursery rhymes in the next issue of the Newsletter. If you would like to read the first article in this series, you can do so here: [20240106JanNewsletter.pdf \(u3atauranga.kiwi.nz\)](https://www.u3atauranga.kiwi.nz/20240106JanNewsletter.pdf) [Return to Page 2 index](#)

ALISTAIR BLENNERHASSET prepares to reveal the “secret” of Egypt’s Great Pyramid.

No slavery, just proud workers

THE log of deliveries kept by the shipping official Merer during Pharaoh Khufu’s reign, some 4,500 years ago, includes times and dates and cargoes, together with meetings with named officials, and provides an unprecedented first-person view into the daily construction activities of the Great Pyramid. This information included the delivery schedule of various types of rock to the construction site. We had other lines of evidence, but Merer’s diary – made public in 2017 by the French Egyptologist Pierre Tallet – improved or confirmed some things we already knew. Among these was a major shift in our understanding of the overall plan for the construction.



Traditionally, it was always thought that the main bulk of the pyramid was built from the bottom up; and then, as the ramp material was being removed, the fine casing was put in place from the top down. That theory is now almost entirely discarded, in part because we now know that those two types of construction materials were delivered to the site simultaneously from the beginning of the project to the end. As each course of the rough

inner material was laid of common limestone from the local quarry, the casing stones of fine white limestone from Turah were delivered by boat.

And, even as those courses were being laid from the bottom up, the inner structures – the Grand Gallery, the King’s Chamber and the Queen’s Chamber— were being built by the workers from a fine red granite brought from 800km upriver. The architectural plan was complete before construction ever started, allowing the entire structure to rise fully completed, layer by layer, from the Giza plateau. This makes more sense when you consider that the casing stones sat on top of one another; you can’t really do that from the top down.

We also learned from Merer’s writing the actual name of the Great Pyramid, which had previously been unknown. Its builders called it the Horizon of Khufu – *horizon* translating to something like a “mountain of light where the sun would rise and set” – and this name appears some 100 times in the papyri. Merer also referenced several personal meetings with Khufu’s half-brother, a noble named Ankh-haf, and revealed him to have been the supreme manager in charge of the Horizon’s construction.

There are, still, plenty of things we don’t know about the construction of the pyramids, but these uncertainties are in the details, not the major facts. The largest single question – literally the largest— is what type of ramps were used. As the pyramids grew during construction, ramps had to grow along with them. A 6 to 10-degree construction ramp for the Great Pyramid would have been immense and would have required nearly as much material as the pyramid itself contains. Was it a spiral ramp? Was it a single long, straight ramp? There simply aren’t very many places on the plateau where any one type of ramp would have fit. We do know the ramp existed because we have found the material it was made from. The great bulk of the pyramids’ mass was common limestone, quarried right there on the site just south of the pyramids, and

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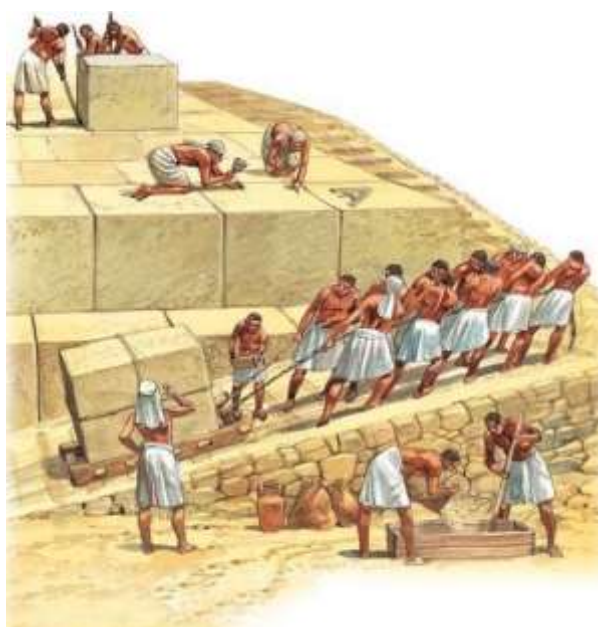
NEWSLETTER FEATURES

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those quarries are now filled with the ramp debris: millions of tonnes of limestone chips and gypsum. This debris itself provides a wealth of knowledge; clues like that it contains no mud bricks and that it is stratified, telling us what types of material were dumped there and when.

Ramps were diverse. There are over 100 ancient pyramids throughout Egypt, and some of them still have their construction ramps in place. Some were left unfinished; others they just didn't bother to clean up very well. Every imaginable type of ramp was used; there is no one type of ramp used to build a pyramid. It is likely that this same practice of *ad hoc* ramp usage was employed at Giza. Most likely one main ramp would have started at the quarry and gone straight to the pyramid; this would have facilitated placing the bulk of its volume, while the rest could have been done with smaller spiral roadways supported by extra stones that today still project nearly a metre farther out from the pyramid than most.

Even the perfect ordinal alignment of the pyramids, and many other constructions throughout the ancient world, was well within the ancients' abilities. You can do it yourself. Twice a year, on the equinoxes, place a pebble at the tip of the shadow cast by any stationary object every hour or so. That line of pebbles will be absolutely perfectly aligned east and west. This was well known to humanity as far back as records go, and it was used all the time. Considering that the life path of a Pharaoh was closely tied to that of the sun, the real surprise would be if the pyramids were not aligned as well as



Mystery remains over the design of the ramps used to construct the pyramids.

they are. New discoveries – many of them profound – are being made all the time, improving our knowledge and expanding its scope, and forcing new editions of books to come out practically every year. The best known of these new discoveries is the workers' city south of the pyramids, where more than 10,000 workers lived. We don't know how many because so much of it is underneath the modern city of Cairo.

Multiple lines of evidence date this old city to the construction of the pyramids, but one of these is carbon dating of the organic matter in the enormous amount of cooking pottery recovered from the site. This city's discovery and analysis put to rest the old Judeo-Christian myth that Egypt's great works were built by slaves. Most of the pyramid labourers were farmers who worked seasonally. The Nile basin is fertile farming land and fed Egypt; but for part of the year, the flood season covered it up and left the farmers with nothing to do.

Pharaoh Khufu hired as many of them as he could. They brought their families and moved into the workers' city for seasonal work on the pyramids, not only earning a handsome living but proudly contributing to what was already a project of tremendous national identity. The pyramids were built by well-fed and well-paid workers, many of them greatly skilled, who were housed in comfort with every contemporary convenience. The discovery of the workers' city was

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a major one, and it did all that was needed to shift our understanding of the workers and of the project overall. It was not a project of whips and slaves and cruelty; it was one of pride and motivation and patriotism and cooperation.

But even *this* is not where the story of the Horizon of Khufu ends. An Egyptian-international project has, since 2015, been using hi-tech imaging including infrared thermography and muon tomography to look for voids within many great Egyptian pyramids. In 2017, they published in the journal *Nature* their discovery of a vast new void inside the Horizon of Khufu. It is above the Grand Gallery and, although we don't yet know, it is probably an engineering void similar to those stacked above the King's Chamber, designed to minimise the weight bearing down on the room. If true, it is another impressive confirmation of the Egyptians' engineering ability.



That discovery is not the end of the exciting new information. Laboratories onsite work constantly on the items brought in daily from *Pharaoh Khufu* the great trash dump outside the workers' city at Giza. So far they have millions of items in their catalogue. These include hundreds of thousands of flint tools, such as stone pounders and polished stone knives of astonishingly high quality, telling us much about the skill level of the craftsmen who supported the workers. The smiths who made and sharpened and serviced the countless copper tools for the stoneworkers left vast quantities of metal working waste. Broken bread moulds of great size give a snapshot of the production-scale baking that took place to feed the workers. Bones of slaughtered sheep and cattle contribute to the picture that anthropologists have been building of the food service industry that supported the workers. About 1,500 people worked raising sheep and about 500 raised cattle, enough to keep the whole workforce fed with some 200-300 grams of meat per day – a diet of relative extravagance needed to power such hard workers. Overall, some 20,000 people all up and down the Nile played some role in the supply chain needed to create the Horizon of Khufu for the three decades the project required. And these people — farmers, masons, cooks, craftsmen, shepherds and even ordinary unskilled labourers, whom some dismiss as primitive and incapable of such projects – built something literally outstanding.

So the secret of the Great Pyramid is – **there is no secret.**

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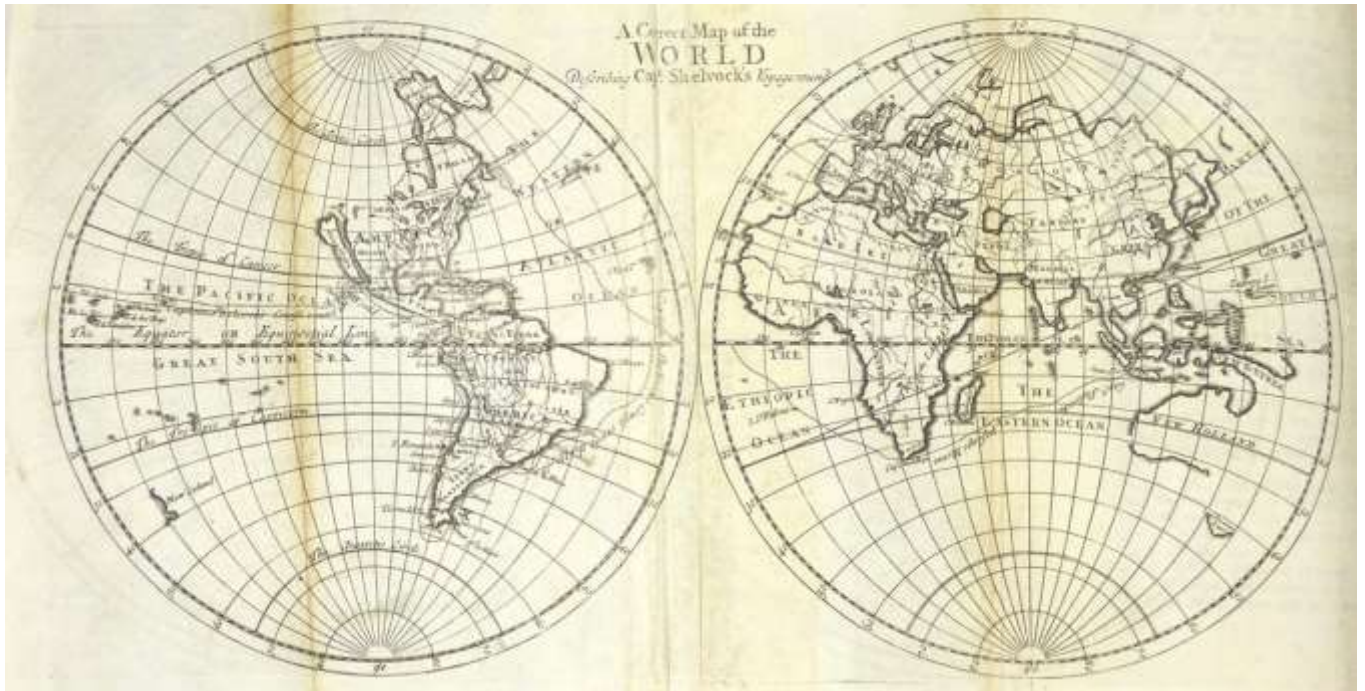
*Alistair Blennerhassett is a member of **Ancient History**. You can read the first part of his article on the Great Pyramid in the January issue at [20240106JanNewsletter.pdf \(u3atauranga.kiwi.nz\)](#)*



*Good morning
girls!*

Picture by
Pam Henderson

*Pam is Convener of the
Photography group*



George Shelvock's *A Voyage Round the World* (1726) shows California as an island.

Those claims about Zheng He

By KEVIN HAMM

In the January 2024 issue of the *U3A Newsletter* there was a short article which purported to show that Chinese navigator Zheng He, commanding a fleet of treasure ships, discovered America long before Christopher Columbus, and indeed circumnavigated the Earth 100 years before Magellan's fleet.

Furthermore, Zheng He's fleet discovered New Zealand centuries before Cook arrived. Other claims in the article include a map of the world, admittedly with several errors. The British Isles are missing and the Gulf of Suez is out of proportion, plus other errors. The article appears to be based on Gavin Menzies' book *1421, The Year China Discovered the World*, published in 2002.

The purpose of this reply is not to denigrate so famous a navigator as Zheng He. Zheng was doubtless a great navigator, in the same league as Vasco da Gama, Magellan *at al.* Zheng made some great discoveries but mainly in the East, the Indian Ocean, and the east coast of Africa.

Preposterous claims actually belittle the character rather than enhance great achievements.

To get back to the map. The article states that it was a 1763 copy of Zheng He's original map of the world. One of the errors pointed out is that California is shown as an island. The fact is, California was long thought of as an island due in part to the great length of the peninsula now known as Baha California, or Lower California, most of which is part of Mexico.

I have in my collection a 1749 edition of George Anson's *Voyage Round the World*. The frontispiece consists of a large foldout map of the known world, showing the track of Anson's flagship *Centurion* around the world. Surprise, surprise, California is shown as an island! Not really a surprise though, since all maps and atlases of the time showed the same thing.

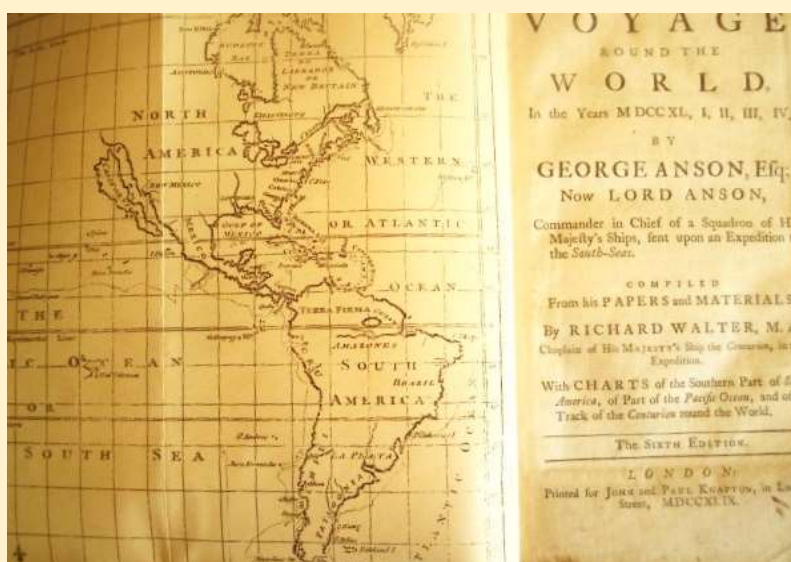
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Another of my books is also a first edition of *A Voyage Round the World by Way of the Great South Sea* by Captain George Shelvock, published in London in 1726. That book also has a map of the world. This is in Gnomonic projection as opposed to the Mercator's chart which is in Anson's book. There too, California is shown as an island.

One of the things which struck me as odd in Menzies' book was his account of the dimensions of the "treasure ships" in Zheng He's fleet. Menzies talks about the ships being some 400-odd feet by 89 feet. A wooden vessel of that size would soon break up due to hogging and sagging. Hogging is when the centre section is lifted, with the bow and stern drooping down, and sagging is the opposite, with the extremities supported by the swell and the centre drooping down.

Such hogging and sagging in a wooden vessel would cause it to leak uncontrollably, with eventual structural failure. The largest wooden ship to date, the US flagged, six-masted *Wyoming* of 300 feet, was a complete failure, even with metal braces fitted. She eventually sank in rough seas. It is indeed odd that Menzies, a retired naval officer, would not know this.



A map in George Anson's Voyage Round the World (1749) also shows California as an island.



The Wyoming sank with the loss of all hands in 1924.

Some of the world's most respected historians, including Felipe Fernández-Armesto, dismiss Menzies' book as drivel. Historian Robert Finlay's review is worth quoting here. "Unfortunately, the reckless manner of dealing with evidence is typical of *1421*, vitiating all its extraordinary claims: the voyages it describes never took place, Chinese information never reached Prince Henry and Columbus, and there is no evidence of the Ming fleets in newly discovered lands. The fundamental assumption of the book – that the Yongle Emperor dispatched the Ming fleets because he had a 'grand plan', a vision of charting the world and creating a maritime empire spanning the oceans – is simply asserted by Menzies without a shred of proof ... The reasoning of *1421* is inexorably circular, its evidence spurious, its research derisory, its borrowings unacknowledged, its citations slipshod, and its assertions preposterous ... Examination of the book's central claims reveals they are uniformly without substance."

Case dismissed.

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Kevin Hamm was a seaman in Britain's Merchant Navy and later worked in marine insurance.

All human life is in the ballet

IN THE **Ballet Appreciation** group we watch the most marvellous ballet companies in the world giving spectacular performances. One month we watch a well-known ballet in rich, ornate costumes with wonderful settings, then we alternate with a little-known production, maybe with pared down scenery and basic costumes, but always with breathtaking choreography.



The Royal Danish Ballet's exhilarating production of Romeo and Juliet is on the group's menu for this year.

Last year we enjoyed *Carmen*, *Cinderella* and *La Dame aux Camellias*, all well known, but also the lesser known *Anna Karenina*, *Casanova* and *Nutcracker – The Story of Clara* (Australian Graeme Murphy's acclaimed reimagining of *The Nutcracker*).

This year will include *Hobson's Choice*, the Royal Danish version of *Romeo and Juliet*, and the Kremlin production of the sensuous *101 Nights*. The new ballet *Like Water for Chocolate* may not be well known yet. You must decide if you enjoy it or not. Not all ballets are

pure beauty and grace. *Dracula*, *Ivan the Terrible* and *Spartacus* are showpieces of power and cunning, while *The Car Man* was appreciated for its mayhem of drink, gambling and murder!

Ballet is one of the great story-telling traditions in dance and encompasses highly classical as well as modern, modern-classical, ethnic and folk traditions. Not to mention contemporary, neoclassical and Romantic traditions and more.

Ballet is diverse and cosmopolitan, it expresses every emotion and gives voice to secret thoughts, emotions and desires; to the unspeakable, which becomes the spoken in ballet, however physically.

Ballet is great costume, great fashion and great visual art, in the sartorial as well as in the set design senses. Ballet is great social commentary: for example, *Giselle*, *West Side Story Suite*, *Romeo and Juliet*, *A Streetcar Named Desire* and anything by Sir Kenneth MacMillan, the leading ballet choreographer of his generation. Or *Miss Julie* or *Othello*.

Ballet is great theatre, great dance, great music. In short, ballet is amazing!

If you would like to join us for an afternoon of wonder, please ring me on (07) 544 3865.

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Margaret Osbourn

The U3A Tauranga Handbook is available online to view or download on to your device. Find it here: [U3A Tauranga Handbook-2024 Dec-23.pdf \(u3atauranga.kiwi.nz\)](https://u3atauranga.kiwi.nz)



From left: The printing press, the Tudor warship Mary Rose, Hans Holbein and Anne Boleyn.

Tudors, de Gaulle and Romans

TWO of our most popular groups have roared back into life after the summer break, with busy programmes of talks lined up. **History A** (British history) and **History B** (European history) meet on alternate Wednesdays in the theatre at Bethlehem Shores retirement village. Each group has more than 30 members.

History A Convener John Hill says members are looking forward to getting stuck into the Tudor period. The group's schedule got under way on 21 February with talks on William Caxton and his printing press, and the development of textiles. Other subjects lined up include Tudor sea power; the artist Hans Holbein, who painted several memorable portraits of the great and good; and one of Henry VIII's ill-fated wives, Anne Boleyn.

Meanwhile, it's a transition time for **History B**, with Convener Carol Chetwynd explaining: "We are finishing off the early 20th Century, before moving all the way back to the Fall of the Roman Empire!" Subjects so far lined up for talks include conscientious objectors; the Curie family of pioneering scientists; and former French President Charles de Gaulle. Then it's into the time machine to return to the rise of Christianity; the Emperor Constantine I; and Charlemagne, among many other topics. "It should be an interesting year," says Carol. [Return to Page 2 index](#)



From left: Charles de Gaulle, the rise of Christianity, Emperor Constantine I and Charlemagne.

Every week, interesting talks are given by speakers to our U3A Tauranga groups. Don't just stash them away in a drawer somewhere afterwards. We can edit them into articles for many other members to enjoy in the *Newsletter*. Share your research and let the learning live on! Please get in touch by emailing newsletter@u3atauranga.kiwi.nz with your suggestions.

GROUP NEWS



SHAKESPEARE A started their year off with a delicious pot-luck lunch on 12 February, before getting into their next play, *Measure for Measure*, at the following fortnightly meeting. The group have restarted house meetings after taking to Zoom since the Covid lockdowns. Convener Jean Garmonsway says: "It's wonderful to get everyone back together again." The A group is currently full but Jean keeps a waiting list for prospective members. Meanwhile, enquiries are welcome from anyone considering joining the newly formed **Shakespeare Zoom** group, which is convened by Ian Morrison. With that group being entirely online, there is plenty of room for new members. "If you always wanted to know more about Shakespeare but were afraid to ask, this is your chance," says Ian. Their current subject is *Richard III*, and the group's year started off on 19 February with a lively discussion of whether Richard really was the villain Shakespeare portrays him as. Contact Ian on (07) 575 6650 or jottings@xtra.co.nz

MUSIC APPRECIATION: This is a very small group, which meets once a month on the third Thursday in a member's home in Pillans Point, Otumoetai. Members enjoy listening to classical music in a very intimate, relaxed atmosphere. Amazingly, this group is one of those originally started way back in 1995 when U3A Tauranga was founded! Unfortunately, membership has dwindled over the years but it is still an active group. If you would be interested in joining, please contact Convener Betty Bishop on (07) 544 6195.

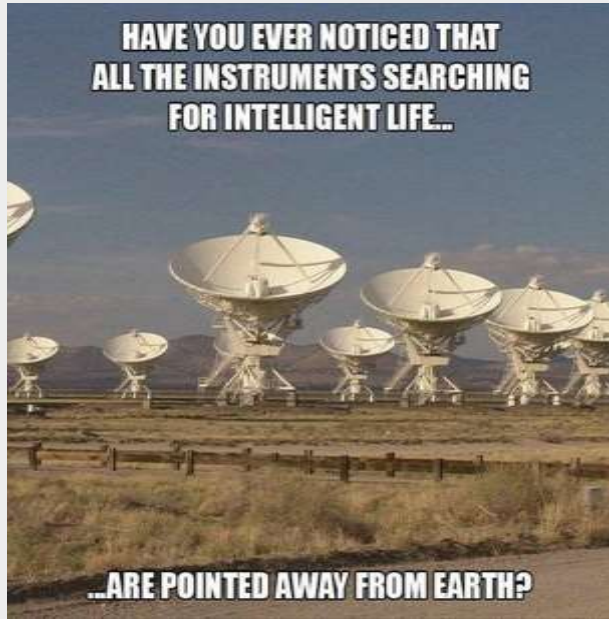
CAMERA CLUB: "Triptychs" was the homework subject for the group's final meeting of 2024 on 4 December. This montage (*right*) is an example of that type of work. The subject for the February meeting was "Your three favourite Christmas or holiday images". For more information about the group, contact Convener Margaret Marsh (07) 281 2408.



CLASSICAL MUSIC LOVERS B: The group's Christmas programme featured beautiful music from King's College, Cambridge, the Bach *Christmas Oratorio*, Handel's *Messiah*, and *Home for Christmas* with André Rieu. Click on the link to enjoy: <https://www.u3atauranga.kiwi.nz/images/2023/12GroupsDec/Classical-Music-Lovers-B-Xmas-2023.pdf> For more information, contact Convener Vaughan Chetwynd on 027 565 7724.



SMILE AWHILE



I need this outfit so I can walk through my house and dust it



When I complained to Amazon that my parcel hadn't arrived, they asked me to provide evidence

MEOWED UNTIL HUMAN WOKE UP



DIDN'T NEED ANYTHING JUST BORED



YOU MUST REMEMBER THIS ...

MARGARET MARSH has been unearthing pictures that are sure to bring back memories.



IF YOU'VE NEVER HAD ONE OF THESE FLY TOWARDS YOUR HEAD YOU WERE TOO WELL-BEHAVED IN SCHOOL!



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A series that delves into the history and traditions of some of our favourite dishes.

A bite was left for ‘the knockers’

THE Cornish pasty is part of Britain’s culinary heritage. First references appeared in the 14th Century during the reign of Edward III. The word pasty came from Medieval French and meant a pie containing whatever you wish but without a dish – i.e. it was transportable!

It became commonplace in the 16th-18th Centuries and, by the 18th Century, it was firmly established in Cornwall as a food eaten by poorer working families. Filling a pastry case with potato, onion and swede was a cheap way to feed a family. Meat would have been too extravagant at this time although a few scraps of cheap meat might be added now and again.

It was the advent of Cornish tin mining in the 19th Century that really brought the pasty into its own. The wives of Cornish tin miners would prepare these all-in-one meals to provide sustenance during their husband’s gruelling days down the dark, damp mines.



The shape and size made them ideal for carrying and became a staple for their daily crib (Cornish dialect for a bite to eat). The D shape was intentional, as the crust became a handle which could be discarded to prevent contaminating the food with grubby and possibly arsenic-ridden hands. Nowadays, some Cornish pasties contain a meat filling at one end and fruit at the other. A two-course meal in one!

The traditional Cornish pasty, which since 2011 has had Protected Geographical Indication (PGI) status in Europe, is filled with beef, potato and swede (also known as turnip). This means that the pasty should only be prepared in Cornwall for it to be authentic. As you can imagine this ruling aroused some controversy in Britain, with the ruling being declared as protectionism!

Pasties have been mentioned in multiple literary works since the 12th Century. They appear in Arthurian legends, in Chaucer’s *Canterbury Tales*, in the *Tales of Robin Hood*, and in three plays by William Shakespeare. Latterly, pasties have been enjoyed by the young wizards in the Harry Potter series and have also appeared in the Poldark series by Winston Graham.

In the tin mines pasties were associated with “knockers” – spirits said to create a knocking sound that was supposed to indicate the location of a rich vein of ore. To encourage their goodwill, miners would leave a small part of the pasty within the mine for them to eat. Similarly, sailors and fishermen would leave a crust to appease the spirits of dead mariners.

As the national dish of Cornwall, several oversized versions of the pasty are created and paraded through the streets during regatta week. Also, a giant pasty is paraded around the ground of the Cornish Pirates’ rugby team on St Piran’s Day (the “national day” of Cornwall) before it is kicked over the goalpost!

[See Page 27 for the perfect Cornish pasty recipe](#)



Cornish Pasties Recipe

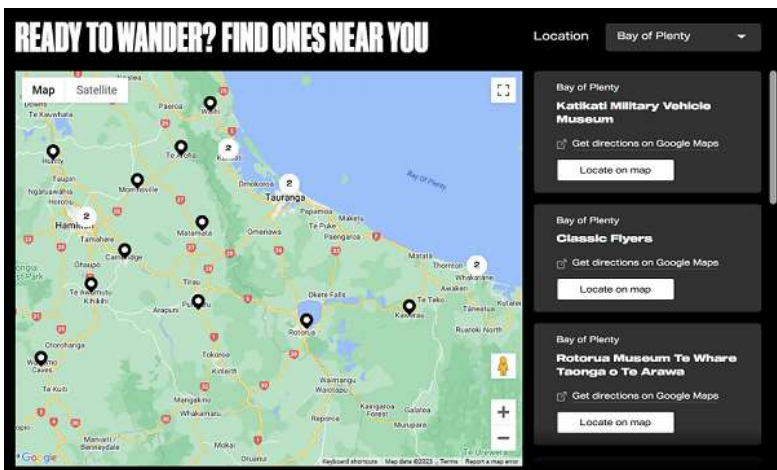
125g chilled diced butter; 125g lard (can use more butter if lard not available!); 500g plain flour; 1 egg; 350g chuck steak finely chopped; 1 large onion finely chopped; 2 medium potatoes thinly sliced; 175g swede or turnip finely diced (you can use kumara for a New Zealand flavour!); 1 tablespoon black pepper.

Method

1. Rub fat into flour with a pinch of salt then make into a firm dough with 6 tablespoons of cold water. Or use bought shortcrust pastry! Chill.
2. Heat oven to 220°C
3. Mix the filling ingredients together with 1 teaspoon salt.
4. Divide dough into four parts and roll each piece into a round 23cm across.
5. Pack a quarter of the filling into the centre of each round, leaving a margin around the edge.
6. Brush edges with beaten egg and draw up sides to meet at the top. Pinch together to seal.
7. Lift on to baking tray and brush with remaining egg.
8. Bake for 10 minutes then lower oven to 180°C and cook for 45 more minutes until golden.

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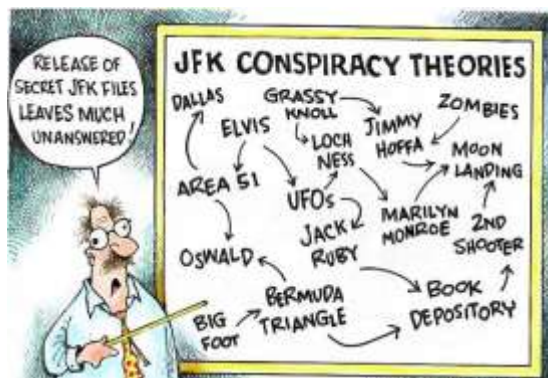
WONDERS OF THE WEB



FANCY browsing your way around some of New Zealand's many art galleries and museums? Check out <https://wonderfull.nz> where you will find interactive maps showing more than 160 of the best places to visit. Click on the dropdown window at top right to zoom in on any specific region.

WHAT IS ...? Occam's Razor

OCCAM'S (or Ockham's) Razor is a principle of philosophy and science that can be summarised as "the simplest explanation is usually the best one" when presented with competing hypotheses, attributed to William of Ockham, a 14th-Century English philosopher and theologian.



QUIZ ANSWERS

1. Its brightness;
2. She was the children's nanny allegedly murdered by Lord Lucan;
3. b) 193;
4. Victoria Falls;
5. Tauranga;
6. Lord Byron;
7. Water (H₂O);
8. Henry;
9. Olive Oyl;
10. Charles Dickens

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THERE'S SOMETHING FOR EVERYONE AT U3A

U3A Tauranga and U3A Katikati are affiliated and together offer more than 80 interest groups. Members are welcome to apply to join any of our groups, full details of which are regularly updated in the online Handbook. Just click on the link on our website www.u3atauranga.kiwi.nz. Members are also welcome to attend General Meetings in either location. Please note that U3A Beachside is a separate organisation. Members of U3A Beachside who wish to join U3A Tauranga groups are required to also become members of U3A Tauranga.

If you wish to become a member of U3A Tauranga, you can complete the online application at [Application Form | U3A Tauranga \(infoodle.com\)](#). For enquiries about **U3A Katikati** you can also email stephanienorrie@yahoo.com

Newsletter

Next issue: May-Jun 2024 Deadline for material is 24 April

We welcome your articles at newsletter@u3atauranga.kiwi.nz