

u3a MANUREWA NEWSLETTER

MONDAY 9th OCTOBER MEETING
at 1.30pm

TO BE HELD At ACACIA COVE RETIREMENT VILLAGE
UPSTAIRS MEETING ROOM

131 Wattle Farm Road Manurewa Auckland 2103



COMMITTEE MEMBERS

Comprising 7/8 members who take on a variety of responsibilities

President	Bob Falconer		
Secretary	Jan May		
Treasurer	Stella Cattle		
Vice President	Heather Hine		
Membership Sec & Speaker Co-ordinator	Pat James		
Almoner	Pat James		
Network Rep	Bob Falconer		
Newsletter Sec	Doreen Lightfoot		
Refreshments	Sharleen Bishop, Christine Bertram and Corrie Patterson		

PRESIDENT'S REPORT – OCTOBER 2023

Last's months talk on research about heart health I found fascinating, and I assume that we all learnt something we had not previously known. We are unlikely to benefit from this research, but our children and grandchildren will. On your behalf the speaker's fee has been donated to the Manaaki Manawa Centre for Heart Research. I would like to welcome two new members to the committee, Jan May as secretary, and Stella Cattle as Treasurer. I know that they will be assets to the committee.

We are now in a new financial year and the annual subscriptions are now due. Subs are \$35 for a single member, and \$60 for two people living at the same address. Online banking is preferred, our account number is **12-3028-0593307-00**. If you prefer to pay cash, please make sure it is in an envelope clearly labelled with your name. At the November meeting I will give you details of our Christmas function. Is this the social highlight of our year? I look forward to seeing you all on Monday at our meeting to listen to Iain Wakefield talk about his house in Drury, the oldest in the district.

Bob President

TREASURER: (Stella) FEES for 2023/2024 are \$60 for a couple or any two people living at the same address and \$35 for a single person. Fees can PREFERABLY be paid by internet banking to ASB 12-3028-0593307-00

or if you don't have access to internet banking, please ensure the notes are put into an envelope with your name on the outside.

Host Group:

<i>Roster for Host Groups</i>					
<i>Feb</i>	<i>Book Review</i>	<i>June</i>	<i>Movies Group</i>	<i>Oct</i>	<i>Current Affairs</i>
<i>March</i>	<i>History & People</i>	<i>July</i>	<i>Card and Board Games</i>	<i>Nov</i>	<i>Music Apprec</i>
<i>April</i>	<i>Current Affairs</i>	<i>August</i>	<i>Book Review</i>	<i>Dec</i>	<i>Christmas dinner</i>
<i>June</i>	<i>Music Apprec</i>	<i>Sept</i>	<i>History & People</i>		

OUR OCTOBER SPEAKER will be Iain Wakefield

Iain was born in Edinburgh. He attended school in London where he developed his initial love of history. After medical school in London, he worked in Leeds, Edinburgh, Guernsey and Brisbane before settling in New Zealand in 1990. He has held academic positions at the University of Auckland. He worked as a single-handed family doctor in Drury for 22 years before retirement. He called himself 'The Jolly Doctor', and was situated opposite 'The Jolly Farmer'. He has been a member of the Papakura District Historical Society for 29 years. In that time, he has given three talks to the Society and written five articles for 'Sentinel'. He won the national excellence award of the NZ Military History Society in 2007 for a paper on Reverend Thomas Norrie. In retirement, he is assisting Curator Alan in the preparation of the up-coming exhibition on the story of Ring's Redoubt outside Papakura.

This afternoon's talk will tell the story of his house in Drury, the oldest in the area and a rather significant building over the last 167 years.

OUR SEPTEMBER SPEAKER was PROFESSOR JULIAN PATON

Pat James introduced Julian

Julian spoke of how the nervous system regulates the cardiovascular and respiratory systems in health and disease. His work has generated numerous patents and led to clinical trials in patients with heart disease. He is Director of a new heart centre (Manaaki Mānawa) combining experts in the University of Auckland and district health boards. He is Co-Director of the recently awarded national Centre of Research Excellence in Heart Health across New Zealand. His talk was fascinating, informative, and easy to follow, plus loads of practical advice for all. Anyone wanting to learn more about Manaaki Manawa, the Centre for Heart Research go to www.manaakimanawa.ac.nz

THANKS, WERE EXTENDED BY: Doreen Lightfoot


SHARE, SHOW, & TELL -

Remember we only have 10 minutes to fit everyone in, so, if there are 30 of us for example, that allows us about 20 seconds each to share our words of wisdom!!! Not such a daunting task really!! Saying " I have nothing to share " would allow you to use those precious 30 seconds anyway. A win win situation either way!!! Warwick

BOOKS and BOOKS are needed

Share Show and Tell," June would like to share a few moments with us regarding local matters.

GROUP REPORTS:

	BOOK REVIEW Meetings are held on the 1st Tuesday of the month, 10am. Convenor, Pat James Next meeting will be on the 5 th October and 6 th November.
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BOOK REVIEW held on 5th September. 3 present and 2 apologies


Star of the North by D.B. John Star of the North opens in 1998 when a Korean American teenager is captured from a South Korean beach by North Korean operatives. Twelve years later, her brilliant twin sister, Jenn, is still searching for her. The story line follows 3 threads. The second is Mrs Moon and the third is the story of a high-ranking North Korean official who discovers that he may be descended from a traitor. These three-story lines gradually converge and lead to an unforgettable climax. **RATED: 5**

The Shadow Sister by Lucinda Riley This is the third book in the Seven Sisters series. Star is the silent sister who must find her voice. Enigmatic and hesitant to step out of the safety of the close relationship she shares with her sister Cece. Her story begins a hundred years earlier in Edwardian England and involves Royal scandals and Beatrix Potter.


RATED: 5

The Changeover by Margaret Mahy. Sitting in a room with 10 trumpet players having a Master Class, our reader was happy to find a book shelf and this amazing book by Margaret Mahy. It was written in 1984 and is a supernatural romance novel for young adults. Set in Christchurch, it concerns Laura Chant who tries to break a mysterious curse on her brother, Jacko. This involves Laura going through a dangerous changeover to become a witch. Fantastic book and highly recommended.

RATED: 5

	CARD AND BOARD GAMES: meetings are held on the 1 st Thursday of the month at 1.30pm. Convenor: Val Marris Next Meeting Date, 7th October and 9th November.
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Our group played Rummicub on Thursday 7th September. We had some interesting games followed by a cuppa and short bread.

	CURRENT AFFAIRS: meetings are held on the 3 rd Monday, at 2pm. At Jan and Warwick's place. Convenors: Jan and Warwick May Meeting Dates: next meeting 18th September, and 16th October.
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Meeting held on 21st August report


Thank you to those who came. It was not the greatest of winter weather, but we persevered.

Topics discussed were: **FIFA fever, Solar power, Recycling, NZ Police, Elections, End of Winter.**

If you are available next Monday afternoon, please do come whether you have a topic or not.


Next meeting, next Monday 18th September at 2pm.


Jan May

	HISTORY PEOPLE AND PLACES: are held on the 3 rd Tues 1.30pm at Jeanette Cortesi's home. Phone: Convenor Jeanette Cortesi and Tricia Jordan Next Meeting 19th September and 17th October.
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Meeting held on August 15th. Topics discussed were:

LILY REESE AND BOER CAMPS

	Lily was one of the 20 New Zealand women selected to work as teachers for the Boer children living in concentration camps in South Africa. Her father, William Lee Rees, was a prominent lawyer and Liberal politician, while her sister Rosemary became a well-known actress, novelist and theatre producer.
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	Te Rauparaha? –1849 Ngāti Toa leader His biography, written by Steven Oliver, was first published in the Dictionary of New Zealand Biography in 1990. It was translated into te reo Māori by the Dictionary of New Zealand Biography team. Born: 1768, Kawhia Harbour Died: 27 November 1849, Ōtaki Children: Tāmihana Te Rauparaha Siblings: Nohorua , Waitohi Battles/wars: Musket Wars ; Wairau Affray Buried: Rangiātea Church, Ōtaki , probably reinterred on Kapiti Island
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Te Rauparaha was a Māori rangatira of the Ngāti Toa tribe who took a leading part in the Musket Wars and trade with Europeans, receiving the nickname "the Napoleon of the South". He participated in land sale and negotiations with the New Zealand Company at the beginning of the colonisation of New Zealand. He also had 200 personal slaves.



The **Lion Monument** ([German](#): Löwendenkmal), or the **Lion of Lucerne**, is a [rock relief](#) in [Lucerne, Switzerland](#), designed by [Bertel Thorvaldsen](#) and hewn in 1820–21 by Lukas Ahorn. It commemorates the [Swiss Guards](#) who [were massacred in 1792](#) during the [French Revolution](#), when revolutionaries stormed the [Tuileries Palace](#) in [Paris](#). It is one of the most famous monuments in Switzerland, visited annually by about 1.4 million tourists.^[1] In 2006, it was placed under Swiss monument protection.^[2]

US author [Mark Twain](#) praised the sculpture of a mortally wounded [lion](#) as "the most mournful and moving piece of stone in the world."^[3]

PLUS

- **History of Pipe Music** in New Zealand
- **Great Smog of London** before 1950, result of Industrial Revolution, lead eventually to Clean Air Act being passed.
- A J Cronin, book 'Dr Finlay's Casebook' led to the exposure of malpractice of the British Medical world and was instrumental in the formation of the **British National Health Service**.



MUSIC APPRECIATION: meetings, are held on the 4th Friday of the month, 2 to 4pm at Simon and Pat James' place. Convenor: Simon James
The next meeting will be on the 22ND September and the 27th October.

CONCERT held on 25th August - we listened to and discussed:

Henry Purcell – Trumpet Voluntary – Maurice Andre
Gustav Holst – Jupiter bringer of jollity from Planet Suite - Philharmonia Orchestra
Sir Edward Elgar – Sea Pictures – Dame Janet Baker, mezze soprano
J S Bach – with Yo-YO Ma playing the cello
Goodman – The greatest Jazz collection
Mozart Mass in C minor – Credo in unum Deum 0 London Philharmonic Orchestra
Frederick Chopin – Variations –Piers Adams, recorder
Bach and Vivaldi - Concerto for 2 violins in D Minor
 And lastly **The glory of Gershwin, Rhapsody in Blue** – Larry Adler and George Martin
 An afternoon feast of music, accompanied by snippets of Simon's amazing musical knowledge.

Our next meeting will be on Friday 27th October, 2 to 4pm at ours. Let me know if you wish to join us. Simon.



MOVIES GROUP: dates and time depend on which movie is selected and then make your own way to the Hawkins Centre Papakura and meet there. Contact Heather Hine

August Movies

Country Cabaret – A French film with English subtitles. Davis found that hard work and big ideas were not enough to save his dairy farm, so when he chanced upon a dazzling nightclub performance by Bonnie Starlight, he has the bright idea to turn his old barn into a country cabaret. As well as entertainment, he proposes to promote local food producers. He convinces sophisticated city girl, Bonnie to live in a converted barn loft, and find local talent to make a show out of nothing. Based on a true story, David after a number of setbacks, does succeed in saving his farm.

Oppenheimer – is the story of the enigmatic man who risks destroying the world in order to save it. Stared Cillian Murphy as JR Oppenheimer and Emily Blunt as his wife. Also includes a number of well-known stars in the cast. The story follows his life up to the making of the atomic bomb, and how history treated him later.

MARCO POLO	<p><u>MARCO POLO – PAKURA U3A:</u> Next meeting will be held on Wed 19th July at 2pm in the downstairs meeting room at Acacia Cove Lodge. Contact is Pat James The next meetings will be on the Wed 20TH September.</p>
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*August 16 - Margaret Gane gave a brief talk about the **Otago Rail Trail** and then took us to Albany in Australia and discussed as to whether this is where the Anzacs were born.*

September 20th – Wendy Deeming on trip to Albania

Date of next meeting 20th October, Iris Durney South Korea – to be confirmed

OCTOBER 2023

Monday	TUESDAY	WED	THURS	FRIDAY	SAT	SUN
						1st
2nd	3rd Book Review	4th	5th th Board & CARD GAMES 1.30PM	6yh	7th	8th ^h
9 th U3A GENERAL MEETING 1.30PM	10 th	11th	12 th	13th	14th	15th
16 th CURRENT AFFAIRS 2PM	17 th HISTORY PEOPLE & PLACES 1.30PM	18 th Marco Polo 2pm	19 th H	20 th	21 st	22nd
23rd	24 th	25 th	26th	27 th MUSIC APPREC 2PM	28th	29th
30th	31 st					
MOVIES Hawkins Centre Papakura and meet there. <u>Contact Heather Hine</u>						