



University of the
Third Age

Howick Inc.
PO Box 39 035 Howick
2145

October 2016



Next meeting: 9.30 am Monday 10 October
Venue: Nixon Hall Sale Street
Guest speakers: Gillian Eadie
Topic: *Keeping the brain fit for life*
Vote of thanks:
10 minute talk:

Past President's Trip to Motuihe Island.

The Past President's trip to Motuihe is now full. It would be good if those going could pay at the monthly meeting on 10 October. \$30 per person in cash (exact amount please) or by cheque made payable to U3A Howick Inc. **Date:** Wednesday 16 November.

Departure: 10.15am from HMB. **Return:** 3.30pm to HMB. **Bring** your lunch etc, plenty of liquid, sunhats, dress for the weather on the day,

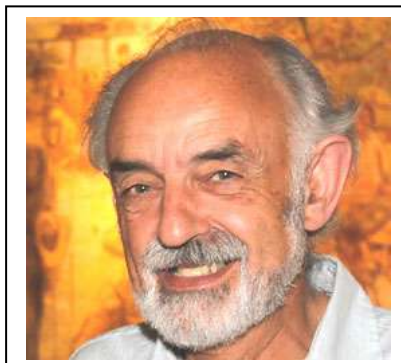
New Member.

Julia Forsyth sponsored by Heather Watson.

New Groups.

There is the possibility that new groups may be formed. Suggestions include music, medicine, poetry, biology, comparative religion and Shakespeare. Members' interest will be asked for at the October meeting.

Sensible Sentencing



September speaker. Jock Jamieson from *Sensible Sentencing* gave a presentation about the justice system in New Zealand. He said there was a need for the courts to make appropriate and sensible sentences for people charged and found guilty of criminal offences.

Memory Skills



October speaker. Gillian Eadie from the Memory Foundation will give a presentation about the importance of keeping the brain fit and alert. She will offer techniques as well as involving the audience in memory recall. A book on the topic will be available for \$30.

Groups	Date	Topic
Anthropology H 3 rd Thu 10 am	20 Oct	<i>Doggerland</i> continued.
Anthropology L 4 th Mon 10 am	24 Oct	<i>Doggerland</i> Continued.
Architecture 1 st Fri 10 am	4 Nov	<i>Scandinavian Architecture</i> .
Aspects of Civilisation 3 rd Mon 2 pm	17 Oct	<i>Housing</i> .
Book Discussion 4 th Thu 2 pm	27 Oct	Latest reads.
Earth and the Universe 4 th Tue 10 am	25 Oct	<i>Galaxy Formation</i> .
Famous & Infamous 1 1 st Tue 10 am	1 Nov	<i>Cardinal Tom Williams</i> .
Famous & Infamous 2 3 rd Thu 2 pm	20 Oct	<i>Ataturk</i> talk.
Famous & Infamous 3 1 st Thurs 10 am	3 Nov	<i>Rita Angus</i> ,
Forum 3 rd Friday 10 am	21 Oct	<i>As You Like It</i> .,
French 4 th Fri 1 pm	28 Oct	<i>Debussy and Napoleon</i> .
History 3 rd Tue 10 am	18 Oct	<i>Early Japan</i> .
History of NZ 2 nd Thurs 10 am	13 Oct	<i>Gypsies of the Gulf</i> ,
Literature 3 rd Wed 10 am	19 Oct	The plays of Oscar Wilde.
Nature Walks and Talks 2 Fri 9 am	14 Oct	One hour walk.
Opera 1 2 nd Tue 9.30 am	11 Oct	Final of <i>Madame Butterfly</i> by Puccini.
Opera 2 4 th Tue 1 pm	25 Oct	<i>Norma</i> by Vincenzo Bellini.
Philosophy 1 st Mon 10 am	7 Nov	DVD: <i>Hume and Kant</i> .
Science 4 th Wed 10 am	26 Oct	<i>Spillways for Dams</i> .
Sunday Discussion 3 rd Sun 12 noon	16 Oct	General discussion.
Travel 1 st Wed 10 am	2 Nov	<i>Cruising in Europe for 9 weeks Pt.</i>
World of Art 1 3 rd Mon 10 am	17 Oct	DVD <i>Nazi Art Thefts</i> .
World of Art 2 3 rd Tues 1.30 pm	18 Oct	<i>Paul Gauguin</i> .
World War 11 2 nd Thurs 2pm	13 Oct	<i>Allied Advance from Normandy to Germany</i> .
Writing 2 nd Tues 1.30 pm	11 Oct	<i>Cats and Dogs</i> .

*NOTE. Groups highlighted in yellow are full.