



University of the
Third Age

Howick Inc.
PO Box 39 035 Howick
2145

August 2017



Next meeting: August 14 (Monday), 9.30 am

Venue: Nixon Hall, Sale St, Howick

Speakers: Tim Pearson on the visit to Motuihe Island, and Val Sugrue on the Totara Hospice in South Auckland

FORE! SENIORS HELP THEMSELVES

MEMBERS will have noticed more requests coming from researchers at local universities seeking research participants on health matters of interest to the over-sixties. Whether studies being undertaken are on heart health, brain function, mobility, sight and hearing, and other age-specific medical conditions, the growing traffic indicates the U3A network has been responding well to requests. Projects publicised by U3A are approved by the ethics committee of respective universities.

Following is a sampling. Auckland University is seeking volunteers for an experiment on knee function. Details from mdom018@aucklanduni.ac.nz, attention Monica Domaracki. Another project is on how the brain's processing of emotion changes with age: memorylab.auckland@gmail.com, attention Natalia Samorow. The university's School of Psychology is also investigating how the brain, heart and mind change with age. Details from hearts.minds@auckland.ac.nz, attention Abby. For specifics of this project, contact the principal investigator, Professor Donna Rose Addis: d.addis@auckland.ac.nz or call 3737599 extn 88552.

For details on an experiment to study how the brain's processing of relevant information changes as people age, contact School of Psychology PhD candidate Evatte Tiana Sciberras-Lim on esci911@aucklanduni.ac.nz. Volunteers are also sought for hearing tests being conducted in the next few weekends by an Auckland University master's degree student in audiology, Elizabeth Collins. Details on ecol591@aucklanduni.ac.nz or call Ms Collins on 021 025 82754.



ISLAND IDYLL

Wish you had come? Picture shows Rangitoto espied from afar. Past president **Tim Pearson** will take the audience on a video tour of Motuihe Island, the record of a trip a group of members made last November. Preceding this, **Val Sugrue** will speak on the South Auckland Totara Hospice, whose board she is on. The Howick U3A recently donated \$1,000 to the hospice.

BORDER TENSIONS

Last month's guest speaker Andrew Adams, a retired Customs officer, spoke of the range of emotions commonly experienced by officers manning border control in these nervy times – suspiciousness, anger, wariness and more.

160th MEMBER

Maria Wijchers (wijchers@gmail.com), sponsored by past president Chris Cameron, is the Howick U3A's 160th member. Born in Holland, she came to New Zealand with her engineer husband for work in 1981. They had also had work stints in Asia, South America and Europe. Now widowed, she has varied interests, as reflected in her fluency in German, French, Portuguese and Spanish, besides her native Dutch and English. She will join the French study group for a start.

IF YOU'RE INTERESTED

+ The Howick Historical Village in Lloyd Elsmore Park is putting life in its history by organising monthly History and High Tea events, featuring a guest speaker and, of course, a spread of tea things. Next tea Sept 16, 2-4 pm. The \$40 charge includes entry to the village from 10 am. Bookings and advance event information on www.fencible.org.nz or call 5769506.

+ The Royal New Zealand Ballet (rnzb.org.nz) opens its Auckland season of Romeo and Juliet at the Aotea Centre on Aug 30, runs till Sept 3. Prokofiev's score will be performed by the Auckland Philharmonia, conductor Hamish McKeich. Running time 2 hr. Seniors tickets start at \$34.20, Ticketek (ticketek.co.nz).

+ Howick Little Theatre (hlt.org.nz) in Lloyd Elsmore Park is presenting the classic thriller Dial M For Murder, directed by Alex Gleed. Opening night Sept 9, 8 pm. Season till Sept 30, with some breaks in between. Matinees Sept 10, 17 at 2 pm. Running time 2 hr 30 min. Seniors \$26 from iticket.co.nz or phone 3611000.

+ Anna Netrebko is a name even non-opera fans may have heard of. The Russian-Austrian soprano will sing in concert with the Auckland Philharmonia on Oct 21 (Aotea Centre, 7.30 pm), accompanied by Yusif Eyvazov, in an evening of operatic standards by Verdi, Puccini and some lesser lights. Conductor Mikhail Tatarnikov. Tickets start at \$109, Ticketmaster (ticketmaster.co.nz).

+ All Saints Church, Howick, will stage a community concert by string players of the Auckland Philharmonia and its clarinetist James Fry on Sept 4, 6.30 pm. They will play Schumann and Brahms chamber pieces. Tickets apo.co.nz or call 6231052.

+ Japan-born Canadian violinist Karen Gomyo is the featured soloist in the New Zealand Symphony Orchestra's pair of concerts at the Town Hall on Aug 18 and 19, 7.30 pm. She will play the Berg Concerto (18th) and Bruch's No 1 Concerto (19th). Symphonies on the programme are Mahler's First and Beethoven's Seventh, on the respective nights. Conductor Edo de Waart.

+ On Aug 27th the NZ Symphony Orchestra will perform Berlioz's The Damnation of Faust, a work variously described as operatic theatre, oratorio and *legende dramatique*. Town Hall, 2.30 pm (note the Sunday afternoon start). Principals are tenor Andrew Staples (Faust), bass baritone Eric Owens (Mephistopheles), mezzo-soprano Alisa Kolosova (Marguerite), and bass James Clayton (Brander). With the Freemasons New Zealand Opera Chorus. Conductor Edo de Waart. Seniors concessions start at \$58, ticketmaster.

Group (yellow denotes full)	Date	Place	Topic	Convenor
Ancient Civilisations 3 rd Mon 1pm-3pm	Aug 21	Cora Young's 55 Rodney St	<i>Neolithic Celts</i> Warren Yardley	Cora Young 534 8623
Anthropology H 3 rd Thurs 10 am	Aug 17	BM Theatre 795 Chapel Rd.	<i>Frankincense Trail Pt 2</i> dvd - Alison O'Connell	Alison O'Connell 534 7539
Anthropology L 4 th Mon 10 am	Aug 28	Cora Young's 55 Rodney St.	<i>Frankincense Trail Pt 2</i> dvd - Alison O'Connell	Margaret Heatt 534 9131
Architecture 1 st Fri 10 am	Sept 1	Helen Bolt's 20 Camwell Close	<i>Albania</i> Helen Bolt <i>China</i> Kerry Pearson	Maurice Taylor 534 8538
Book Discussion 4 th Thurs 2 pm	Aug 24	25 Centre Court PPV Sunnyhills	Latest reads	Margaret Smith 576 3206
Earth and the Universe 4 th Tues 10 am	Aug 29	BM Theatre 795 Chapel Rd.	Latest research on exoplanets	Celia Martin 533 1625
Famous & Infamous 1 1 st Tues 10 am	Sept 5	TBA	<i>Jeffrey Archer</i> Hazel Hanlon	Peter Garrick 535 4085
Famous & Infamous 2 3 rd Thurs 2 pm	Aug 17	Allan Reid's 4A Paton Rd	<i>Louis Mountbatten</i> Allan Reid	Allan Reid 534 9895
Famous & Infamous 3 1 st Thurs 10 am	Sept 7	Val Sugrue's 2/11 Paparoa Rd	<i>Helen Thayer</i> Alison O'Connell	Jean Fitzgerald 577 5546
Forum 3 rd Fri 10 am	Aug 18	R. Woodhouse's 90A Ridge Rd	Open discussion	Beverley Luxton 576 9625
French 4 th Fri 1 pm	Aug 25	David D's 74A Aberfeldy Ave	<i>French in the Caribbean</i> Jennie Leyland	David Dwerryhouse 534 4829
History 3 rd Tues 10 am	Aug 15	BM Theatre 795 Chapel Rd	<i>Ipswich Man: A History</i> <i>Cold Case</i> - dvd	Judy Lee 535 8547
History of NZ 2 nd Thurs 10 am	Aug 10	Dilys Booth's 3/47 Oranwood Dr	<i>Communes in NZ</i> Dilys Booth	Tim Pearson 576 4091
Literature 3 rd Wed 10 am	Aug 16	Judy Wilson's 32 Butley Drive	<i>German Literature</i> - all contribute	Judy Wilson 576 6340
Nature Walks and Talks 2 nd Fri 9 am	Aug 11	Meet end Riverlea Ave, Pakuranga	Walk to 1865 bridge over Tamaki River	Alan La Roche 534 7366
Opera 1 2 nd Tues 9.30 am	Aug 8	BM Theatre 795 Chapel Rd	<i>The Pearl Fishers</i> by Bizet	Hilary Paterson 533 8785
Opera2 4 th Tues 1 pm	Aug 22	BM Theatre 795 Chapel Rd	<i>Rusalka</i> by Dvorak Renee Fleming, 166 min	Moya Nixon 535 5309
Philosophy 1 st Mon 10 am	Sept 4	BM Theatre 795 Chapel Rd	<i>Lame Deer</i>	Chris Nixon 535 5309
Poetry 2 nd Tues 2 pm	Aug 8	Colleen Williams's 1/139 Clovelly Road	<i>The Waste Land</i> T.S. Eliot	Beth Voogd 534 7468
Science 4 th Wed 10 am	Aug 23	BM Theatre 795 Chapel Rd	Potpourri	Jim Hine 534 4259
Sunday Discussion 3 rd Sunday, noon	Aug 20	Ben Gusto Café Howick	Open discussion	Joan Clarkson 537 6397
Travel 1 st Wed 10 am	Sept 6	Gordon Hudson's 1 Elsmore Crescent	<i>Unusual Happenings</i> <i>While on Holiday</i> G.H.	Gordon Hudson 576 8262
World of Art 1 3 rd Mon 10 am	Aug 21	BM Theatre 795 Chapel Rd	<i>Georgia O'Keeffe</i> Margaret Nicholls	Jennie Leyland 534 4034
World of Art 2 3 rd Tues 1.30 pm	Aug 15	Dilys Booth's 3/47 Oranwood Dr	<i>Grace Joel</i> Dilys Booth	Heather Watson 274 4747
World of Music 4 th Wed 1.30 pm	Aug 23	Ngaire Taylor's 6 Stevenson Way	Potpourri	Ngaire Taylor 534 8538
World War II 2 nd Thurs 2pm	Aug 10	Allan Reid's 4A Paton Rd	<i>London: Dark Days of</i> <i>WWII</i> Allan Reid	Ron Clifton 537 1592
Writing 2 nd Tues 1.30 pm	Aug 15	Marian's 1/8 Aylmer Court, Eastern Beach	<i>Mistaken Identity</i>	Marian Heywood 534 1159

