



Supporting  
Lifelong Learning

Howick Inc.  
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June 2022



#### COMMITTEE 2022/2023

**COLLEEN RIGBY** *President.*  
**GRAEME DIVER** *Vice-president, Almoner*  
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**JAN NAISH-WALLIS** *Secretary(0272203777)*  
**JONI BURGESS** *Treasurer*  
**GERALDINE ROSE** *Past president,*  
*U3A Network representative*  
**JUDITH NEL** *Director of Studies*  
**MARY KENNEDY** *Newsletter Editor*  
**JUNE POOLE** *Membership*  
**JOHN SAVORY** *Speaker Convenor*

**Next General Meeting:**  
**Monday 13 June 9.30am**  
**Howick Bowling Club (mask protocols apply)**  
**Speaker: Warren Yardley**  
**Ten minute Speaker: Malcom Booth**  
**Tea team: World of Art 1**

It is now time to pay your subscriptions, which have been increased to \$25.00 this year, due to rising costs. Please pay to U3A Howick bank account, 12 3040 0556154 00, using your surname as a reference. (If you are unable to pay online, you can pay Joni in cash at a general meeting.)

#### From the President.

What an exciting year we have ahead of us! On 5 April 1993, a number of people met to set up U3A Howick and on 3 April 2023, we will be celebrating our 30th anniversary. Judith and I will be contacting all interest groups to encourage your group to undertake a research project focused on the theme of Positive Ageing, or on the theme of 1993-2023 (or both). Every group will be able to link their theme to their particular interest area.

Here are some examples and ideas for Interest Groups:

Civilisations might examine positive ageing in ancient civilisations

History group may want to consider the role older leaders have played in the world

Movie and Book groups may look at the key themes from movies/books focused on positive ageing and produced between 1993-2023

Anthropology and Science groups may examine key findings in the period 1993-2023.

Instead of a guest speaker at the anniversary, we are envisaging every group presenting their findings at the event with both a poster and oral presentation in a mini conference format and with the media and maybe some academics invited to attend. This will enable us to showcase U3A Howick and its focus on ongoing learning to the community.

So we are giving your groups lots of advance notice and time to prepare and conduct your research ahead of time. The committee is so looking forward to hearing what every interest group will be doing. Do have a chat about it at your next interest group meeting.

Best Regards  
Colleen Rigby.

## Committee 2022/3



June Poole, Mary Kennedy, Colleen Rigby, Joni Burgess, Judith Nel, John Savory, Geraldine Rose, Graeme Diver.

Thanks to the outgoing Committee members, Rosemary Ovens, David Dwerryhouse and Jeanette Priscott.



## Annual General Meeting 2022

Over 50 people came to the AGM in May. We were all safe behind our masks but were able to reveal our beautiful selves outside at morning tea!



## President's Report



President's Report AGM 2022 – Alan La Roche, from April 2021 to November 2021:

I was elected President of Howick U3A on 12 th April 2021 together with a mixture of new members and some experienced committee members continuing their term of service.

The last year has been difficult for us all due to COVID-19 restrictions and Government recommendations.

A new list of committee role descriptions was formulated and circulated.

Our banking procedures changed from being cheque based to digital/internet banking.

We revised our new member application form and updated our logo.

The operation of the Howick Bowling Club's defibrillator was circulated in case of an emergency.

Howick U3A Health and Safety guidelines were discussed.

A "buddy proposal " for new members was activated.

The Monthly General Meetings were held in person from May to August 2021

May: Dr Mick Clout on NZ fauna and Kakapo research

June: Dr Niven Brown on Astronomy

July: Mitchell Pham on being a refugee from Vietnam

August: Rhoda Preston-Jones on dementia

September: No meeting was held due to COVID

October: (via zoom) Fonteyn Moses-Te Kani on Māori economy

November: (via zoom) Professor Paul Spoonley on migration, and mobility in Covid.

To keep members engaged in level 3, a car rally and historical quiz competition was held in December in the Howick area.

Alan La Roche resigned as President of Howick U3A on 16 th November.

Geraldine Rose, the immediate past-president stepped up as Acting President for the remainder of the term.

## Acting President's Report, - Geraldine Rose, Dec - May 2022:



After being asked by your Committee to take over as Acting President from Dec. 2021 for the remainder of the term, due to a medical procedure I was unable to become active until mid-January, missing the Christmas Event Car Rally. I like to thank Alan La Roche for his work and time as President and for providing the Car Rally clues that helped make the Rally the great success it was.

Our Committee Meetings for Feb/March and April were able to be enjoyed face-to-face; but the Feb/March General Meetings were held on Zoom. Our first in-person General Meeting since last

October 2021, was in April 2022 with 39 members attending a very successful meeting.

Our U3A Committee has been a strong team and I thank them collectively for working with commitment.

Special thanks go to David Dwerryhouse, Rosemary Ovens and Jeanette Priscott who are resigning from the Committee, David and Rosemary having served many years and Jeanette the one year. We have been fortunate in having four new nominations to join our Committee team.

To all our Group Convenors and participants of our groups – it has been a frustrating time for you all with the Covid Passport regulations, and the personal decisions one has had to make to allow some groups to get together.

On the few occasions we have been able to have our General Meetings in this financial year, I sincerely thank the willingness and energies of Betty and Alan Reid and their assistant, Beverley Reid, for setting up the morning tea, and Jim Hine for his unfailing attendance and setting up the sound and audio system.

My best wishes go to the incoming President, Dr. Colleen Rigby, and the new Committee.

## Life Membership Presentations

This year, two people were made life members of Howick U3A. A surprise presentation of framed certificates was made to two long-standing members who have made a huge contribution to U3A over the years – Jim Hine and Corajeane Young. Cora was speechless (well, almost.) She expressed pleasure in receiving her certificate and said she was bequeathing her books to the U3A. Jim, too was surprised, and said it has been a pleasure to contribute.

**Jim Hine** – in the 20 years Jim has been a member of Howick U3a he has had many years on the Committee and in 2005 was President. In latter years he has continually worked behind the scenes: managed the Membership Data Base, responsible for producing our name tags, his computer skills were of high quality and he became the 'go to' person for technical matters. He has also been heavily involved in the setting up of the sound system for every monthly meeting, no mean feat bringing all the equipment from home to car to Bowling club and getting it all back home in the garage again. Thank you, Jim for the time you have given the Club in such a conscientious manner. In recognition of your work, we wish to present to you, the Lifetime Membership to Howick U3A. Congratulations Jim.

### Corajeane Young –



Cora has been a Member of Howick U3A now 27 years joining in 1996, and she was on the Committee a very, very long time - a very large part as Secretary, with a break in 2010 when she became President, after which, resuming her Secretarial role until resigning from the committee in March 2020. Along with this, Cora was a Convenor of a number of groups. Cora has wonderful organisational skills and was instrumental in the transition of the Club from Nixon Hall in Sale St. up to the Bowling Club, along with the organising of our Christmas Function for many years.

Thank you, Cora for your energetic contribution to Howick U3A over these 27 years. In recognition we wish to present you with Lifetime Membership to Howick U3A. Congratulations Corajeane.

## Summary of Treasurer's Report

Joni presented her treasurer's report. While we are technically in deficit this year, several factors have helped us. Our rent to the Bowling Club is paid until September and we had a recent gift of \$100.00. Because we have missed some General meetings, and have hardly used Bruce McLaren Theatre we have had to make fewer koha this financial year. Our Christmas function was cheaper than usual and we have saved money by emailing newsletters to most members. However, we have been in deficit for the last five years, and cannot continue to rely on savings to keep us going. Our rental payments, spending on tea money and speakers' gifts continue to get more expensive. Celebration of our 30-year anniversary will also involve extra expense. We need better technology. The cost of Christmas functions will go up. We have had no increase in subscriptions for many years.

A motion to increase the subscription to \$25.00 was carried unanimously. Another motion that members make a small contribution to the Christmas function \$5.00 was also carried.

Joni left us with a few things to remember:

Please pay online – bank slips are available. Use your surname as reference, and please don't pay twice!

Copies of the budget are available for next year. Please ask Joni if you wish to see it.

At this point, Colleen took over as President. She talked about attracting new members, and the challenge to engage younger members. Colleen suggested that every group focuses in the year ahead on completing a research project on Positive Ageing or the years 1993-2023 (or both), for a presentation to be made at the 30th anniversary event.

## May Speaker: Ranjna Patel



Ranjna's talk was entitled, *In a gentle way you can shake the world.*

She began by talking about her history. Her grandfather came to New Zealand in the 1920s where he ran a fruit shop, and Ranjna spent her early years there. She was sent to India to get married - to a doctor. Her husband took ten months to get qualified in New Zealand, and was then placed as a surgeon, an appointment he did not feel he had the experience to do safely. So in 1977 he took up a post as a GP in Otara. As he was Indian, he was considered suitable for this locality as he was of a similar colour! While he was not treated well by the medical profession, he never turned patients away, and charged low fees, so his clinic became popular. He began hiring locums to assist him, and introduced computer systems to make the practice more efficient. In 1984, he moved to bigger premises and opened satellite clinics. Ranjna ran the non-medical side of the clinics, and was very aware of the importance of the receptionist in making the patients feel safe.

In the beginning, "People didn't get what we were trying to do," but now they are fully accepted, and employ 300 doctors in 40 clinics.

Ranjna herself has become active in South Auckland, founding Gandhi Nivas, a Family Harm initiative. She is also on an advisory board for the police, representing her own community. Family violence in the area is rife, and one in three women and one in six boys have been abused. She took a domestic violence course, where she learnt to see the signs: holes in walls, or a too-tidy house, for example. Indian women will often not report their husband for violence, as they do not want him to get a criminal record. Even when women do ask for help, Indian men often breach the safety order. Mental health issues are common. These cycles can pass from parent to child, and, apparently, it takes 3 generations to heal from trauma.

Now, men are often referred for counselling rather than go through the justice system. Ranjna's organisation has registered and qualified staff. In 2014, the first free counselling emergency house was established. Now, they receive referrals from social services for 3500 families of 19 ethnicities. Research has shown how much change has been achieved. Sixty percent of men referred do not re-offend.

It has been estimated that every \$1.00 investment provides a \$12 dollar return in value.

Ranjna stressed the importance of peers and of a strong support system, along with assistance in finding work and professional counselling.

Ranjna finished by saying that we learn a lot from all sorts – we just need to care.

## June Speaker: Warren Yardley



Title: Riots, Treasure, Spooky Buildings and Places of Interest.

This second in a series of talks focuses on exploring inner Auckland City to relive some forgotten history. It will be a very visual presentation with lots of photos. Find out more about secret places to visit in Auckland.

Warren has an MA degree in English Language and Literature. He worked as a journalist with the NZ Herald before becoming a teacher of English in England and in Auckland.

## From the Convenors:

### World of Art 1

- has room for some more members. We meet on the morning of the third Monday of the month. Our meetings are usually at Bruce McLaren Theatre, but we have occasional meetings as visits to galleries, both local and further afield. Our subject is broad. Our past range has been New Zealand, Australian and European art both modern and historical, but is open to being expanded. Potpourris have ventured into crafts. A recent feature has been episodes of the BBC Fake or Fortune series headed by Fiona Bruce of Antiques Roadshow fame, looking at the issues of authenticating art. Contact Garry if you are interested - even to try us out! Garry 027 5665 764.

## From U3A Network:

Our Annual Event 'Celebrating U3A in Action' is shaping up very well. Unfortunately, one of our main speakers, Sir Peter Gluckman is unable to speak to us as previously indicated. Our morning speaker will now be Andrew John Becroft, a New Zealand barrister and former judge who from 2016 until 2021 was Children's Commissioner. Prior to that, he practised community law, and was a District Court judge and principal judge of the Youth Court of New Zealand. In the afternoon we will hear Dame Patsy Reddy being 'interviewed' by Catherine Saunders. Registrations for this Event are strong with over 150 participants to date, so please book your spot asap. The event is being held at the Salvation Army Church, 18 Allright Place, Mt. Wellington on Saturday 30th July, 9.30 a.m. for a 10 a.m. start. \$40 including lunch. Please register at '**Celebrating U3A in Action**' on [www.u3anz.com](http://www.u3anz.com)

## Out and about:

- The DOC Edge Festival takes place at the Civic from 1 June to 10 July. For bookings and more information, see the Auckland Live website.
- Uxbridge is currently exhibiting photos by the Howick Photographic Society
- Candlelight Music series takes place at St Matthews-in-the-City from 21 May until 11 June. Book through eventfinda
- Fridays at 12 features young musicians at various local schools between 20 May and 17 June. 3/6 – Pakuranga College, 10/6 – Sancta Maria College, and 17/6 Howick College. \$5.00 door entry.
- Both Uxbridge Centre and Te Tuhi are advertising visits to Gibbs farm later this year. You may need to book early if you want to get a space.
- The Auckland Philharmonia Orchestra are planning a series of concerts in May and June at various venues. For more details go to [apo.co.nz](http://apo.co.nz)
- Royal New Zealand Ballet are presenting some online dance performances. Go to: [screen.rnzbo.org.nz](http://screen.rnzbo.org.nz) for details
- For details of movies showing for the upcoming International Film Festival go to: [nziff.co.nz](http://nziff.co.nz)
- A British Museum collection called "Ancient Greeks, Athletes Warriors and Heroes" opens at the Auckland War Memorial Museum on June 10. Entry \$25.00.
- Inside Dali Exhibition 28 May to 30 June 2022 at Spark arena. Go to: [insidedali.co.nz](http://insidedali.co.nz) for more details. There is a promo for Aucklanders – DALIAKL10 to redeem the offer.

<b>Groups (yellow- full)</b>	<b>Date 2022</b>	<b>Venue</b>	<b>Topic</b>	<b>Convenor</b>
Anthropology 1 3 <sup>rd</sup> Thurs 10 am	June 16	4A Paton Road	Australia's ancient past	Betty Reid 534 9895
Anthropology 2 4 <sup>th</sup> Mon 10 am	June 27	55 Rodney St	The ongoing story of humankind – covid effects? by Linda Stubbs	Margaret Hieatt 534 9131
Architecture 1 <sup>st</sup> Fri 10 am	June 3	15 Gillett Place Botany Downs	June L. "Santa Maria & Dome – Florence" - Philippa W, "The Great Wall of China"	June Lamborn 535 8069
Book Discussion 4 <sup>th</sup> Thurs 1.30	June 23	1/8 Aylmer Court	Books	Joni Burgess 537 4834
Civilisations 3 <sup>rd</sup> Mon 1 pm	June 20	1/73 Nobilo Drive, Golflands	The Black Pharaohs	Cora Young 534 8623
Comparative Religions 1 <sup>st</sup> Wednesday 1.30	June 8	55 Rodney Street	Pot pourri – Hinduism history from recent pre-Christian era contd	Margaret Nicholls 536 6709
Current Affairs 1 <sup>st</sup> Wednesday 1.30pm	July 6	11 Shelly Bch Pde Cockle Bay	Women's rights	Jan Naish-Wallis 534 4438
Earth and the Universe 4 <sup>th</sup> Tues 10 am	June 28	BM Theatre (Covid protocols apply)	Pot pourri	Clive Bolt 534 2946
Famous & Infamous 1 1 <sup>st</sup> Thurs 10 am	June 2	12 Daria Place	Jane Austen	Gill Muggleston 534 9863
Famous & Infamous 2 3 <sup>rd</sup> Thurs 1.30 pm	June 16	Villa 33, 7 Flatbush Road	John Thaw	Joni Burgess 537 4834
French 4 <sup>th</sup> Fri 1 pm	Delayed to 1 July	74A Aberfeldy Avenue Hland Pk	Robespierre	David Dwerryhouse 534 4829
History 3 <sup>rd</sup> Tues 10 am	June 21	B M Theatre	Memories of lockdown + pot pourri	Judy Lee 535 8547
History of New Zealand 2 <sup>nd</sup> Thurs 10 am	June 9	31 Laysell Place	Pot pourri	Alan La Roche 534 7366
Literature 3 <sup>rd</sup> Wed 10 am	June 15	32 Butley Drive, Pakuranga	Frank Sargeson by Judy Wilson	Judy Wilson 576 6340
Military History 2 <sup>nd</sup> Thursday 2pm	June 9	4A Patons Road	Pot pourri	Allan Reid 5349895
Movies 2 <sup>nd</sup> Mon, 12.30 pm	June 13	2/21 Drake Street, Howick	Discussion of movies seen BYO lunch	Margaret Nicholls 536 6709
Nature Walks and Talks 2 <sup>nd</sup> Fri 9.30 am	June 10	Meet Wharf Road carpark Bucklands Bch	Buckland Beach and Half Moon bay	June Poole 021583893
Opera 1 2 <sup>nd</sup> Tues 9.30 am (not full)	June 14	BM Theatre	La Cenerentola by Rossini	Rosemary Ovens 5343429
Opera 2 4 <sup>th</sup> Tues 1.15pm	June 27	BM Theatre	TBA	Geraldine Rose 537 1917
Philosophy 1 <sup>st</sup> Mon 10 am	June 6	55 Rodney Street	Paul Tillich – The courage to be, by Cora	Cora Young 5348623
Science. 4 <sup>th</sup> Wed 10 am	June 22	BM Theatre	Pot pourri	Jim Hine 534 4259
Sunday Discussion 2 <sup>nd</sup> Sun noon	June 12	Dannemora cafe		Joan Clarkson 537 6397
Travel 1 <sup>st</sup> Wed 10 am	No meeting until July			David and Adrienne Teape 5336103
World of Art 1 3 <sup>rd</sup> Mon 10 am	July 20 Details TBC	Spark Arena	Visit to Dali exhibition	Garry Law 271 6505
World of Art 2 3 <sup>rd</sup> Tues 1.30 pm	June 21	BM Theatre	Art Challenge day - collage	Philippa Wilson 5342558
World of Music 4 <sup>th</sup> Wed 1.30 pm	June 22	6 Stevenson Way	Paganini by Michelle Minson	Ngaire Taylor 534 8538
Writing 2 <sup>nd</sup> Tues 1.30 pm	June 14	61 The Parade, Bucklands Bch	That's the way it goes	Marian Heywood 534 1159

