



U3A Search ...

Find a U3A

What is U3A?

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Starting a U3A

U3A Links

**Retirement coming up?
Semi-retired
Looking for the
BEST Retirement LIFESTYLE?**

U3A could be just the thing!

- Meet new people. Make new friends.
- Join study groups to extend your horizon.
- Have fun while learning new skills.

Throughout New Zealand there are over 80 U3As
Three new U3As have started in Auckland recently

Beachlands Maraetai
Titirangi
Ormiston.

Christchurch has one new U3A
St Albans

If there is no U3A in your area, it is not difficult or
expensive to start one. [See "Starting a U3A".]

To find a U3A near you

- Type of name of your area/town into the box at the top of the page under the logo and press "enter".
- Follow this link for a comprehensive list or all U3As in New Zealand "New Zealand U3A list"

**No Qualifications
Every member is a learner**



Share your Knowledge

**No Exams
Every member can be a teacher**



Learn in small groups with likeminded people



Hear great speakers.



Make new friends – Enjoy fellowship

**We, as retired folk, stand together in this, as we enrich our lives
With the joy of learning and the satisfaction of discovery.**



Retired ... Retirement options

Stopped earning? Start Learning!
Time to do things you always wanted to
Start here ! Join a U3A near you !

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Starting a U3A

Step one.

- Find a few friends with the same intention.
- Contact a nearby Local U3a for help and/or use this website especially the Starter Kit in [U3A Resources](#) in the right column of this page.

Step two.

- Set a date for a public meeting to gauge support.
- Hire a venue for this meeting and organise refreshments.
- Advertise the meeting widely. Ask for a Gold coin donation [or similar] to defray expenses.
- Arrange for someone from a nearby U3A or from a local U3A Network to speak to the meeting, outlining what a U3A is and answering questions.
- Depending on the level of interest, the meeting may decide that a U3A be established and may elect a small steering committee to get things going.
- Your neighbouring U3A or U3A Network may be able to continue to supply help and advice where needed.

Ideas for the Steering Committee.

- Read the Starter Kit – listed on the right.
- Set up an email address with gmail or some such.

- Decide on a name for your U3A.
- Set up banking
- Decide how the publicity will be organised.
- Decide on a venue.
- Decide how to get your Study Groups started.

Moving Forward

Suggestions below are for publicity which is important at this stage to increase your membership.

- Put up posters in public places.
- Use your local paper where possible.
- Make pamphlets available in public places [libraries, doctor's rooms].
- Use a large poster or banner outside your meeting place. [See [U3A Resources](#) on the right]

Starting Study Groups:

These groups are unique to U3A and for most U3As, belonging to at least one is a condition of membership.

If a person desires less involvement, there are plenty of other organisations for Seniors which could suit them better.

Study groups arise from members' interests. For further ideas, just read the newsletters on the Home Pages of U3As on this website.

Members who are shy can be encouraged to attend by personal contact, offering lifts, etc.

U3A Resources

[U3A Power Point Presentation](#)

[U3A Starter Kit - Word](#)

[Tips for running Study or Interest Groups - Browns Bay version](#)

[Year Group Planner for above - Word](#)

[Generic Poster to advertise a meeting](#)

[Samples of publicity pamphlets - zipped](#)

[U3A logo artwork - zipped](#)

To view many of the files above, an installed program on your device is needed. New phones and tablets cannot extract zip files. Some also do not display word and pdf files.



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U3A World Wide.

NEW ZEALAND.

The aim of this website is to be a resource for every U3A in New Zealand. We hope to extend knowledge about and membership of U3A to every Senior New Zealander who want it.

Contributions needed!

You could email us to put on the website:

- The history of your U3A – maybe you have had an anniversary recently.
- Links to video or YouTube clips about U3A which you have found helpful.
- Ideas that you have found helpful.

Present U3As we need you

- To keep updating your contact details.
- To put your latest newsletter on the site.
- To email us for inclusion in this website:
 - Photos of your activities.
 - Reports about activities of interest
 - Notices of up coming events

- Websites. [Click on each to see the website/list]

List of all U3A with links

www.u3a.nz - this website.

www.u3a.org.nz - www.u3a.nz

- Events and Conferences

Auckland U3A Network held a special one day event, "U3A in Action" on 29th July 2016. **Information here.**

AUSTRALIA.

[Click on each to see the website/list]
U3A Online.

U3A Network NSW

U3A Alliance Australia

PACIFIC.

U3A Asia-Pacific Alliance.

<http://u3a-asiapacificalliance.org/>

This group is holding an International Conference in Osaka, Japan on 11th and 12th October, 2016

<http://u3a-osakainternationalconference2016.org/>

U.K. AND OTHERS.

U3A UK Third Age Trust.

U3A Cambridge

Northern Ireland U3A

Active Retirement Ireland

My U3A World

World U3A

IAUTA.

[International Association of Universities of the Third Age].

<http://aiu3a.com/home.html>

The aim of this organisation is to support U3As throughout the world.

History NZ History Videos

Each U3A in New Zealand is autonomous

- There are U3A Networks in Auckland and Canterbury which are ad hoc groups that meet to exchange ideas.
<http://www.u3a.net.nz/>
<http://www.u3anetcant.nz/>
- This website is a quick, efficient way to share ideas and keep in touch.